Merry Christmas ILY



拍數: 32 牆數: 4 級數: Improver

編舞者: Snow (SG) - December 2023

音樂: Merry Christmas I Love U - Jacky Cheung



Written on Christmas Eve for my friend Hansel

Intro: 40 counts (5 x 8) starting from the drum beats.

Total: 8 walls

Bridge (36 counts)

After walls 3 [9:00] and 7 [9:00]

[1-8] R touch & kick, R coaster, L touch & kick, L coaster [12:00]

1-2	Touch R next to left. Kick R diagonally to right.
3&4	Step R back, step L beside right, step R forward.
5-6	Touch L next to right. Kick L diagonally to left.
7&8	Step L back, step R beside left, step L forward.

[9-16] R forward rock, recover, R back shuffle, L back rock, recover, full turn forward [12:00]

1-2 Step R forward. Recover on L.

3&4 Step R back, step L beside right, step R back.

5-6 Step L back. Recover on R.

7-8 Step back ½ turn on L. Step forward ½ turn on R (full turn travel forward).

[17-24] L forward rock, recover, L sailor cross, R side rock, recover, R sailor 1/4 turn [3:00]

1-2 Step L forward. Recover on R.

3&4 Step L behind right, step R beside left, cross L over right.

5-6 Step R to side. Recover on L.

7&8 Step R behind L, step L beside right making ¼ turn to the right, step R to side. [3:00]

[25-32] L forward rock, recover, L back shuffle, R back rock, recover, full turn forward [3:00]

1-2 Step L forward. Recover on R.

3&4 Step L back, step R beside left, step L back.

5-6 Step R back. Recover on L.

7-8 Step back ½ turn on R. Step forward ½ turn on L (full turn travel forward).

Easy option: Walk forward RL

Bridge (36 counts = 4 + 32)

[1-4] Zigzag hands with hip bumps

- 1 R hip bump and move both hands from top left corner diagonally down to the right.
- 2 L hip bump and move both hands diagonally down to the left.
- R hip bump and move both hands diagonally down to the right.
- 4 L hip bump and move both hands diagonally down to the left.

[1-8] Draw a Christmas tree, draw a heart

- 1 Touch both index fingers together above head, move apart and diagonally down to the sides.
- 2 Bring both index fingers towards each other close together.
- 3 Move index fingers apart and diagonally down to the sides.
- 4 Bring both index fingers towards each other close together.
- 5-8 Bend third and fourth fingers down on both hands (ILY sign) and use both hands to draw a

big heart shape. (Weight on left)

[9-16] R side rock, recover, R coaster cross, L side rock, recover, L coaster

1-2 Step R to side. Recover on L.

3&4 Step R back, step L beside right, cross R over left.

5-6 Step L to side. Recover on R.

7&8 Step L back, step R beside left, step L forward.

[17-24] R forward pivot ½ turn to left, R shuffle ½ turn to left, L back, R cross touch, walk forward RL

1-2 Step R forward. Step forward on L making ½ turn to left.

3&4 Step R forward ¼ turn to left, step L back ¼ turn to left, step R back.

5-6 Step L back. Cross touch R over left.

7-8 Walk forward R. Walk forward L.

[25-32] Draw a heart and cross hands in front of chest, R back rock, recover, full turn forward

1-4 Bend third and fourth fingers down on both hands (ILY sign) and use both hands to draw a

big heart shape, crossing hands in front of chest. (Weight on left)

5-6 Step R back. Recover on L.

7-8 Step back ½ turn on R. Step forward ½ turn on L (full turn travel forward).

Easy option: Walk forward RL

Ending: After wall 8 [12:00]

[1-8] Draw a Christmas tree, draw a heart

Touch both index fingers together above head, move apart and diagonally down to the sides.

2 Bring both index fingers towards each other close together.

3 Move index fingers apart and diagonally down to the sides.

4 Bring both index fingers towards each other close together.

5-8 Bend third and fourth fingers down on both hands (ILY sign) and use both hands to draw a

big heart shape.

[9-16] R side rock, recover, R coaster cross, L side rock, recover, L coaster

1-2 Step R to side. Recover on L.

3&4 Step R back, step L beside right, cross R over left.

5-6 Step L to side. Recover on R.

7&8 Step L back, step R beside left, step L forward.

Repeat until music ends.

Email: snowdancesg@gmail.com

Please enjoy and add your own styling to the dance.

Please feel free to dance, video, share!

ILY hand sign is from SGSL (Singapore sign language) and ASL (American sign language) for the Deaf