Dance Like Uma

級數: Intermediate

編舞者: Cameron Stuart (USA) - January 2024

音樂: Uma Thurman - Fall Out Boy

拍數: 32

牆數:4



Intro: 64 Counts

[1-8] V-STEP, SAILOR STEP, BEHIND-SIDE-CROSS

- 1)Step out to R diagonal with R, 2)Step out to L diagonal with L 1-2
- 3-4 3)Step R to center, 4)Step L to center
- 5&6 5)Step R behind L, &)Step L to L side, 6)Step R to R side
- 7&8 7)Step L behind R, &)Step R to R side, 8)Cross L over R

[9-16] SIDE, CLAP, BALL-SIDE, CLAP, SAILOR STEP, BEHIND, 1/4 TURN L

- 1)Step R to R side, 2)Clap, &)Step L next to R 1-2&
- 3)Step R to R side, 4)Clap 3-4
- 5&6 5)Step L behind R, &)Step R to R side, 6)Step L to L side
- 7)Step R behind L, 8)Step L to L side making 1/4 turn L 7-8

[17-24] ROCKING CHAIR, PIVOT 1/2 TURN X2

- 1-2 1)Rock forward on R, 2)Recover on L
- 3-4 3)Rock back on R, 4)Recover on L
- 5-6 5)Step forward on R, 6)1/2 turn L switching weight to L
- 7-8 7)Step forward on R, 8)1/2 turn L switching weight to L

[25-32] TURNING HEEL GRIND, COASTER STEP, TURNING HEEL GRIND, COASTER STEP

- 1)Rock R on R heel with the toes pointed forward, 2)Recover on L as you turn a 1/4 turn to R 1-2
- 3&4 3)Step back on R, &)Step L next to R, 4)Step forward on R
- 5-6 5)Rock L on L heel with the toes pointed forward, 6)Recover on R as you turn a 1/4 turn to L
- 7)Step back on L, &)Step R next to L, 8)Step forward on R 7&8