Gone Enough (P)

COPPER KNOE

拍數: 32

牆數:0

級數: Beginner Partner

編舞者: Guy Dubé (CAN) & Nancy Milot (CAN) - January 2024

音樂: Gone Enough - William Michael Morgan

Intro : 16 counts.

Start in Sweetheart position, facing LOD.

[1-8] M: 2X (WALK FWD), SHUFFLE FWD, 2X (WALK FWD), SHUFFLE FWD L: 2X (1/2 TURN L), SHUFFLE FWD, 2X (1/2 TURN R), SHUFFLE FWD 1-2 M : Walk forward with RL L : 1/2 turn to left and step R back, 1/2 turn to left and step L forward *** On count 1, let go both L hands and raise both R hands over the lady's head. On count 2, return in Sweetheart position. M&L : Shuffle forward with RLR 3&4 5-6 M : Walk forward with LR L: 1/2 turn to right and step L back, 1/2 turn to right and step R forward *** On count 5, let go both L hands and raise both R hands over the lady's head. On count 6, return in Sweetheart position. M&L : Shuffle forward with LRL 7&8 [9-16] M&L : 1/4 TURN L, BEHIND, SHUFFLE in 1/4 TURN R, ROCK FWD, RECOVER, COASTER STEP 1-2 M&L : 1/4 turn to left and step R to right side, cross step L behind R *** On count 1, let go both L hands and raise both R hand over the lady's head. On count 2, take back the hands in a man's back (waist level). 3&4 M&L : Shuffle forward in 1/4 turn to right with RLR *** On count 3, keep both hands together in Reverse Skaters position. M&L : Rock step L forward, recover on R 5-6 7&8 M&L : Step L back, step R together L, step L forward *** On count 7, raise both R arms over the lady's head. You are now back in Sweetheart position. [17-24] H&F : KICK-BALL-STEP, 2X (WALK FWD), KICK-BALL-STEP, 2X (WALK FWD) H&F : Kick R forward, step R together L, step L forward 1&2 H&F : Walk forward with RL 3-4 H&F : Kick R forward, step R together L, step L forward 5&6 7-8 H&F : Walk forward with RL [25-32] H&F : ROCK FWD, RECOVER, SHUFFLE FWD, ROCK FWD, RECOVER, COASTER STEP 1-2 H&F : Rock step R forward, recover on L 3&4 H&F : Shuffle forward with RLR 5-6 H&F : Rock step L forward, recover on R 7&8 H&F : Step L back, step R together L, step L forward TAG: After the 9th repetition of the dance, add this 4 counts : 1-4 Rock step R forward, recover on L Rock step R back, recover on L **ENJOY AND HAVE FUN !** NANCY & GUY

