

Goodbye Baby

拍數: 64 牆數: 2 級數: High Improver
編舞者: Glynn Rodgers (UK) - January 2024
音樂: So Long Baby Goodbye - Shakin' Stevens



[1-8] EXTENDED VINE RIGHT, SIDE ROCK, CROSS, CLAP.

1-4 Step right to right side, cross left behind right, step right to right side, cross left over right.
5-8 Rock right to right side, recover weight on to left, cross right over left, clap hands.

[9-16] EXTENDED VINE LEFT, SIDE ROCK, ½ TURN SIDE, CLAP.

1-4 Step left to left side, cross right behind left, step left to left side, cross right over left.
5-6 Rock left to left side, recover weight on to right.
7-8 Make ½ turn right on ball of right foot and step left to left side, clap hands.

[17-24] BACK ROCK, SIDE STRUT & CLICK, BACK ROCK, SIDE STRUT & CLICK.

1-2 Rock right foot behind left, recover weight on to left.
3-4 Touch right toe to right side, drop right heel to floor and click fingers.
5-6 Rock left foot behind right, recover weight on to right.
7-8 Touch left toe to left side, drop left heel to floor and click fingers

[25-32] BEHIND & CROSS, HOLD, SIDE ROCK, ¼ TURN, STEP, SCUFF.

1-4 Cross right behind left, step left to left side, cross right over left, hold.
5-6 Rock left to left side, recover weight on to right turning ¼ turn right.
7-8 Step forward left, scuff right foot forward.

[33-40] LOCK STEP FORWARD RIGHT, SCUFF, LEFT ROCKING CHAIR.

1-4 Step forward right, lock left behind right, step forward right, scuff left foot forward.
5-8 Rock forward left, recover weight on to right, rock back left, recover weight on to right.

[41-48] LOCK STEP FORWARD LEFT, SCUFF, CHASE ¼ CROSS, CLAP.

1-4 Step forward left, lock right behind left, step forward left, scuff right foot forward.
5-8 Step forward right, pivot ¼ turn left, cross right over left, clap hands.

[49-56] REVERSE HINGE ¾ TURN WITH CLAPS, CHASE ¼ CROSS, CLAP.

1-2 Turn ¼ right stepping back left, clap hands.
3-4 Turn ½ right stepping forward right, clap hands.
5-8 Step forward left, pivot ¼ turn right, cross left over right, clap hands.

NO TURNING OPTION: STEP SIDE LEFT, CLAP, CROSS RIGHT OVER LEFT, CLAP. LEFT SIDE ROCK & CROSS, CLAP.

[57-64] REVERSE RUMBA BOX.

1-4 Step right to right side, close left to right, step right foot back, touch left beside right.
5-8 Step left to left side, close right to left, step left foot forward, hold.

START AGAIN & ENJOY! NO TAGS OR RESTARTS!

Original Track is 173bpm - Alternative Tracks below. Songs with ** are phrased 32/64 counts (or at least until towards the end of the song) - the rest the phrasing is uneven, but you can dance through if it doesn't bother you. Several of these are covered by live artists. As a guide, if a song works well for medium paced Lamtarra Rumba, it should work for this dance.

Louisiana Saturday Night** - Robert Mizzell (179bpm) or Mel McDaniel (163bpm)
The Walk Of Life** - Dire Strait (172bpm) or Mike Denver (175bpm) or Shooter Jennings (155bpm)
Talk Is Cheap** - Alan Jackson (163bpm)

Guitars, Cadillacs** - Dwight Yoakam (173bpm)

Stop The Word (And Let Me off)** - Dwight Yoakam (176bpm)

Bad Moon On The Rise** - Creedence Clearwater Revival (183bpm)

Lovin' All Night - Rodney Crowell (179bpm)

Here Comes My Baby - The Tremeloes (187bpm) or The Mavericks (193bpm) or Cat Stevens (177bpm)

La Vida Loca - Pam Tillis (182bpm)

End Of The Line - The Travelling Wilburys (167bpm)

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