

Get Down Like That

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Lidia Landon Michael (USA) - January 2024
音樂: Get Down Like That - Gary LeVox



Intro: hold 16 Counts. Dance starts with Vocals

SECTION 1: SUGAR FOOT, COASTER STEP, SUGAR FOOT, COASTER STEP

- 1&2 Touch R toe beside L as R knee turns in, touch R heel beside L as R knee turns out, step R front.
- 3&4 Step L back, step R beside L, Step forward L
- 5&6 Touch R toe beside L as R knee turns in, touch R heel beside L as R knee turns out, step R front.
- 7&8 Step L back, step R beside L, Step forward L

SECTION 2: CIRCLE SHUFFLE R, L, R / L SIDE ROCK RECOVER TOGETHER

- 1&2 Start clockwise circle: R shuffle $\frac{1}{4}$ r,
- 3&4 Continue clockwise circle: L shuffle $\frac{1}{4}$ r
- 5&6 Continue clockwise circle: R shuffle $\frac{1}{4}$ r
- 7&8 $\frac{1}{4}$ r to face 12:00: L rock side, R recover, step L next to R

SECTION 3: SWAY, SWAY, STEP FRONT, $\frac{1}{4}$ PIVOT, 2X

- 1-2 Step out R while swaying hips R, sway L
- 3-4 Step Forward R, $\frac{1}{4}$ Pivot to L
- 5-6 Step out R while swaying hips R, sway L
- 7-8 Step Forward R, $\frac{1}{4}$ Pivot to L

SECTION 4: R SHUFFLE SIDE, BEHIND, SIDE, TOUCH, L SHUFFLE SIDE $\frac{1}{4}$, WALK, WALK.

- 1&2 R shuffle side ,
- 3&4 Step L behind R, step R to R, Touch L next to R
- 5&6 Step L to L, Step R next to L, Step L forward facing $\frac{1}{4}$ L
- 7&8 Walk R, Walk L