

Next Right Thing

拍數: 48 牆數: 4 級數: Improver
編舞者: Guy Dubé (CAN) & Nancy Milot (CAN) - January 2024
音樂: Next Right Thing - Mason Ramsey



Intro : 16 counts.

[1-8] WEAVE to L, CROSS ROCK, RECOVER, 1/4 TURN R and SHUFFLE FWD

1-2 Cross step R over L while flexing R knee, step L to left side
3-4 Cross step R behind L, step L to left side
5-6 Cross rock step R over L, recover on L
7&8 1/4 turn to right and shuffle forward with RLR

[9-16] WEAVE to R, CROSS ROCK, RECOVER, 1/4 TURN L and SHUFFLE FWD

1-2 Cross step L over R while flexing L knee, step R to right side
3-4 Cross step L behind R, step R to right side
5-6 Cross rock step L over R, recover on R
7&8 1/4 turn to left and shuffle forward with LRL

[17-24] FULL TURN L, SHUFFLE FWD, ROCK STEP, RECOVER, STEP BACK-LOCK-STEP BACK

1-2 1/2 turn to left and step R back, 1/2 turn to left and step L forward
3&4 Shuffle forward with RLR
5-6 Rock step L forward, recover on R
7&8 Step L back, step R lock over L, step L back

[25-32] ROCK BACK, RECOVER, STEP, PIVOT 1/4 TURN L, CROSS, SIDE, CROSS SHUFFLE to L

1-2 Rock step R back, recover on L
3-4 Step R forward, pivot 1/4 turn to left (weight on L)
5-6 Cross step R over L, step L to left side
7&8 Cross shuffle to left with RLR

[33-40] ROCK SIDE, RECOVER, SAILOR STEP, ROCK STEP, RECOVER, SHUFFLE in 1/2 TURN R

1-2 Rock L to left side, recover on R
3&4 Cross step L behind R, step R to right side, step L slightly forward
5-6 Rock step R forward, recover on L
7&8 Shuffle in 1/2 turn to right with RLR

[41-48] ROCK STEP, RECOVER, COASTER STEP, 4X (STOMP)

1-2 Rock step L forward, recover on R
3&4 Step L back, step R together L, step L forward
5-8 Stomps in place with RLRL

TAG: After the 3rd repetition of the dance add this 4 counts:

1-4 Cross rock step R over L, recover on L, Rock step R to right side, recover on L

ENJOY AND HAVE FUN !

NANCY & GUY