Night In

拍數: 64

級數: Beginner

編舞者: Sascha Wolf (DE) - January 2024

音樂: Night In - Brittney Spencer

Part 1 Toe Heel Stomp - Toe Heel Stomp - Rocking Chair - Step Turn Step 1-4 Touch R Toe and turn knee inside, touch R heel slightly forward, Stomp RF fwd - hold Touch L Toe and turn knee inside, touch L heel slightly forward, Stomp LF fwd - hold 5-8 1-4 RF step fwd - LF back on place - RF step back - LF on Place 5-8 RF step fwd - turn 1/2 to left and LF forward - RF close to LF - hold Part 2 Toe Heel Step - Toe Heel Step - Step Turn - Weave 1-4 Touch L Toe and turn knee inside, touch L heel slightly forward, Stomp LF fwd - hold 5-8 Touch R Toe and turn knee inside, touch R heel slightly forward, Stomp RF fwd - hold LF step fwd - hold - 1/4 turn to right and RF on Place - hold 1-4 5-8 LF cross over RF - RF to side - LF cross behind RF - RF to side Part 3 Rockstep - Rockstep - March - March - Mambo Step 1234 LF rockstep diagonal fwd - hold - RF on place - LF slightly to side 5678 RF rockstep diagonal fwd - hold - LF on place - RF slightly to side 1234 LF Step fwd - hold - RF Step fwd - hold 5678 LF Step fwd - RF back on Place - LF close to RF - hold Part 4 Back Back - Coasterstep - Step Turn - Run Run Run RF Step back - hold - LF Step back - hold 1234 5678 RF back - LF close to RF - RF fwd - hold 1234 LF step fwd - hold - 1/2 turn to right and RF on Place - hold 5678 LF step fwd - RF step fwd - Lf step fwd - hold Restart in Wall 3 after Part 1. Dance a touch instead a close. Enjoy





牆數:4