

I Came Here To Rock

COPPERKNOB
BYEPOSTETS

拍數: 32 牆數: 4 級數: Absolute Beginner
編舞者: Tanja Enget (NOR) - January 2024
音樂: I Came Here to Rock - Vidar Busk & His True Believers
或: The Bottle Let Me Down - Raul Malo
或: Blues About You Baby - Delbert McClinton



No tags or restarts

Section 1: [1-8] R.Heel Touch, R. Step forward. L. Heel Touch, L. Step forward. Rocking Chair

- 1-4 (1) Touch right heel forward, (2) Step down on right foot, (3) Touch left heel forward, (4) Step down on left foot.
- 5-8 (5) Rock right foot forward, (6) Recover on left foot, (7) Rock right foot back, (8) Recover on left.

Section 2: [9-16] (Repeat Section 1)

R.Heel Touch, R. Step forward. L. Heel Touch, L. Step forward. Rocking Chair

- 1-4 (1) Touch right heel forward, (2) Step down on right foot, (3) Touch left heel forward, (4) Step down on left foot.
- 5-8 (5) Rock right foot forward, (6) Recover on left foot, (7) Rock right foot back, (8) Recover on left.

Section 3: [17-24] Sidestep, Hold, Cross, Hold, Side, Cross, Side, Cross

- 1-4 (1) Step right to right side, (2) Hold (3) Cross left over right, (4) Hold
- 5-8 (5) Step right to right side, (6) Cross left over right, (7) Step right to right side (8) Cross left over right

Section 4: [25-32] Back, Heel Touch, Forward, Scuff, Walk ¼ turn Left.

- 1-4 (1) Step back on right (2) Touch left heel forward, (3) Step down on left, (4) Scuff right foot forward.
- 5-8 (5, 6, 7,8) Walk right, left, right, left

Taaaaaadaaaaa – Wall is complete – Start again :D

Dance is Joy – So have fun with it <3

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