My Sweet Baby

拍數: 32

級數: Beginner

編舞者: Patricia Soran (AUT) - January 2024

音樂: My Sweet Baby - Paloma Faith

Intro: 8 Counts (4 Counts before start of Lyrics)

Tag: After wall 4 (4 Counts, Rocking Chair)

Counts [1-9]: KICK-STEP R+L, TOE-HEEL-CROSS

- 1-4 Kick RF fwd.; Step together with RF; Kick LF fwd.; Step together with LF
- 5-6 Touch Right Toe near LF; Touch Right Heel near LF
- 7-8 Cross RF over LF (7); Hold (8) (optional cross with a toe strut on 7-8)

Counts [10-16]: ¼-TURN JAZZ BOX, BRUSH, LOCK STEP FWD., BRUSH

- 1-2 Step back with LF; ¼-turn right (3:00) and step to side with RF
- 3-4 Step fwd. with LF; Brush RF near LF
- 5-6 Step fwd. with RF; Lock LF behind RF
- 7-8 Step fwd. with RF; Brush LF near RF

Counts [17-25]: MAMBO STEP, COASTER STEP, HOLD

- 1-2 Rock LF fwd.; Recover on RF
- 3-4 Step LF back; Hold (or optional Kick RF fwd.)
- 5-6 Step back with RF; Step together with LF; Step RF fwd.; Hold

Counts [26-32]: CHASE TURN, TOE STRUT FWD. R+L

- 1-2 Step LF fwd.; ¹/₂-turn right (9:00) and step on RF
- 3-4 Step fwd. with LF; Hold
- 5-8 Touch Right Toe fwd.; Step on RF; Touch Left toe fwd.; Step on LF optional snap your fingers

TAG: After wall 4 facing 12.00 - Rocking Chair

1-4 Rock RF fwd.; Recover on LF, Rock RF back; Recover on LF

HAPPY DANCING

Email: patricia.soran@linea7.com





牆數: 4