

# Heel Over Head

拍數: 64      牆數: 4      級數: Improver / Intermediate  
編舞者: Marianne Langagne (FR) & Frederic Fassiaux (FR) - 18 January 2024  
音樂: Heels Over Head - Carly Pearce



Intro : 32 Counts

Sequences : 64 – 64 – 16R – 64 – 64 - 32R – 64 - 48 (Final)

## S1 SIDE, L POINT FWD, SIDE, R POINT FWD, R POINT TO R ,HOOK BACK, R POINT TO R ,TOUCH

1-2-3-4      RF to the R, L Point Fwd, LF to the L, R Point Fwd  
5-6-7-8      R Point to the R, Cross RF behind L Leg, R Point to the R, Touch RF next to LF

## S2 SIDE, TOGETHER, STEP FWD ,TOUCH, BACK RUN, HOOK

1-2-3-4      RF to the R, Together (weight on LF), RF Fwd, Touch LF next to RF  
5-6-7-8      LF Back, RF Back, LF Back, Cross RF over L Leg - RESTART 1 (facing 6:00) at 3rd Wall

## S3 DIAGONALLY STEP, TOUCH BEHIND, DIAGONALLY BACK, HOOK, DIAGONALLY STEP LOCK STEP, SCUFF

1-2-3-4      RF Diagonally Fwd R, Touch LF Behind RF, LF Diagonally Back L, Cross RF Over L Leg  
5-6-7-8      RF Diagonally Fwd R, Cross LF behind RF, RF Diagonally Fwd R, Scuff LF

## S4 VINE ¼ TURN L , SCUFF, CROSS TOE STRUT, BACK TOE STRUT

1-2-3-4      LF to the L, Cross RF Behind LF, ¼ Turn L – LF Fwd (9:00) , Scuff RF  
5-6-7-8      Cross R Point Over LF, Heel Down, L Point Back, Heel Down - RESTART 2 (Facing 9:00) at 6th Wall

## S5 R POINT TO R, TOUCH , R POINT TO R, ¼ TURN HOOK, STEP LOCK STEP, SCUFF

1-2-3-4      R Point to the R, Touch R next to LF, R Point to the R, ¼ Turn R – Cross RF over L Leg (12:00)  
5-6-7-8      RF Fwd, Cross LF behind RF, RF Fwd, Scuff

## S6 CROSS, BACK ,BACK, CROSS, BACK, ¼ TURN R- OUT OUT , TOUCH

1-2-3-4      Cross LF Over RF, RF Back, LF Back, Cross RF over LF  
5-6-7-8      LF Back, ¼ Turn R – RF to the R (3:00) , LF to the L, Touch RF next to LF

## S7 ROLLING VINE, TOUCH, VINE TO L, SCUFF

1-2-3-4      ¼ Turn R – RF Fwd, ½ Turn R - LF Back, ¼ Turn R - RF to the R, Touch LF next to RF  
5-6-7-8      LF to the L, Cross RF Behind LF, LF to the L, Scuff (3:00)

## S8 ROCKING CHAIR, STEP ½ TURN, L FULL TURN \*

1-2-3-4      RF Fwd, Recover on LF, RF Back, Recover on LF  
5-6-7-8      RF Fwd, ½ Turn L, ½ Turn L – RF Back, ½ Turn L – LF Fwd (9:00) \* Option : Stomp RF Fwd , Stomp LF Fwd

Final: To finish at 12:00 Replace the Rolling Vine, with ¼ Turn to the R - Full Turn .

Danse & Amusez-vous !!!!

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