Say Amen!

級數: Beginner

編舞者: Georgie Mygrant (USA) - January 2024

牆數:4

音樂: Yes I Am - Christian Paul

Intro: 32 counts	
Vine R, Pivot1/2	
1-4	Step R to R side, L behind R, Step to R, Step on L
5-8	Step R fwd. turning ¼ L on L, Step R fwd. turning ¼ L on L
Vine R/L	
1-4	Step R to R side, L behind R, Step to R, Touch L
5-8	Step L to L side, R behind L, Step L, Touch R to L
K Step with ¼ Turn R	
1-8	Step R fwd. diagonally, Step L to R, Step L back diagonally, Touch R to L, turn $\frac{1}{4}$,Step R back diagonally, Touch L to R, Step L fwd. diagonally, Touch R to L
Kick Ball Chain 2x, Out, Out, In, In	
1&2-3&4	Kick R fwd. Step back on R, Step on L, Repeat
5-8	Step R to R side, Step L to L side, Step R to center, Step L to center
That's it! Love this song. A nice and easy beginner's routine. All I ask is that you don't alter the routine without my permission. Thank you. If you need assistance, please contact me and I'll help you if I can. My Emails are:	
mygeo@adamswells.com or mygrantg@gmail.com	

(With my permission, if you just want it to be a 2 wall dance, don't turn on the K step.)





拍數: 32