

# On The Hill

**COPPER** **KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Syndie BERGER (FR) - January 2024  
音樂: Heather On The Hill - Nathan Evans



Intro : 32 counts (17 secondes) – Weight on Left foot

## SECTION 1 WALK TWICE – MAMBO ½ TURN RIGHT – DIAGONAL SHUFFLE LEFT & RIGHT FORWARD

- 1 – 2      Step RF forward – Step LF forward
- 3 & 4      Step RF forward – Recover on LF (&) - Pivot ½ turn R stepping RF forward (facing 6:00)
- 5 & 6      Step LF in L diagonal – RF next behind LF (&) – Step LF in L diagonal
- 7 & 8      Step RF in R diagonal – LF next behind RF (&) – Step RF in R diagonal

## SECTION 2 CROSS ROCK – SIDE TRIPLE STEP – HEELS SWITCH – STEP ½ TURN LEFT

- 1 – 2      Cross LF over RF – Recover on RF
- 3 & 4      Step LF to the L side – RF next to LF (&) – Step LF to the L side
- 5 & 6      Heel RF forward – Stepping RF next LF (&) – Heel LF forward
- & 7-8      Stepping LF next RF (&) - Step RF forward – Pivot ½ turn L (facing 12:00)

## SECTION 3 ROCK FORWARD - & HEEL – HOLD (with arms) – TOE-HEEL-STOMP RIGHT & LEFT

- 1 – 2      Step RF forward – Recover on LF
- & 3-4      \*\*Step back on RF (&) - Heel LF forward – Hold (4)
- &      Stepping LF next RF (weight on LF)
- 5 & 6      Touch toe RF next to LF (R knee turning in) – Touch R heel next LF (R knee turning out) (&) – Stomp RF forward
- 7 & 8      Touch toe LF next to RF (L knee turning in) – Touch L heel next RF (L knee turning out) (&) – Stomp LF forward

**\*\* Note for arms moves : Upper body and look turn to R, arms at shoulder's height and horizontal to the floor**

## SECTION 4 RIGHT ROCKING CHAIR – STEP ¼ TURN LEFT – KICK BALL STEP

- 1 – 2      Step RF forward – Recover on LF
- 3 – 4      Step RF back – Recover on LF
- 5 – 6      Step RF forward – Pivot ¼ turn L (facing 9:00)
- 7 & 8      Kick RF forward – Stepping RF next LF (&) – Step LF forward

**Dance, Smile & Sweeeeeeeeeep !**

**FINAL FOR A BIG FINISH : At the end of Wall 7 (facing 6:00), change counts 5 to 7 from Section 4 by :**

- 5 – 6      Step RF forward – Pivot ½ turn L (facing 12:00)
- 7      Stomp RF forward and strike a pose that inspires you ;)

**\*\* Contact : [petitesyndie @ hotmail . fr](mailto:petitesyndie@hotmail.fr) / (+33)6.78.10.53.76.**

**\*\* Site Web : <http://petitesyndie@hotmail.wixsite.com/syndieberger>**

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