It Hurts To Say Goodbye

拍數: 32   牆數: 4   級數: Improver

編舞者: Ivan Rundgren (SWE) - February 2024

音樂: It Hurts to Say Goodbye - Vera Lynn

Intro: 32 C

SEC 1: POINT, STEP, POINT, STEP, ROCK STEP, SAILOR STEP
1 – 2	Point fwd R (1) step fwd R (2)
3 – 4	Point fwd L (3) step fwd L (4)
5 – 6	Step fwd R (5) recover weight to L (6)
7 & 8	Sweep and step R behind L (7) step L to L side (&) step R to place (8)

SEC 2 SAILOR 1/4 TURN L, CROSS ROCK, SIDE STEP, CROSS ROCK, CHASSÉ 1/4 TURN L
1 & 2	1/4 turn L sweeping and stepping L to L side (1) recover to R /&) step L to place (2)
3 – 4 &	Step R diagonal fwd L (3) recover to L (4) step R to R side (&)
5 – 6	Step L diagonal fwd R (5) recover to R (6)
7 & 8	Step L to L side (7) step R beside L (&) 1/4 turn L stepping fwd L (8)

SEC. 3 SWEEP AND CROSS, SIDE, BEHIND, CHASSÉ, BACK ROCK, SWEEP AND TOUCH
1 – 2	Sweep and cross R over L (1) step L to L side (2)
3 – 4 &	Step R behind L (3) step L to L side (4) step R beside L (&)
5 – 6	Step L to L side (5) step R behind L (6)
7 – 8	Recover to L (7) sweep and touch R beside L (8)

SEC. 4 SIDE, BESIDE, CHASSÉ 1/4 TURN R, PIVOT 1/2 TURN R, FWD SHUFFLE
1 – 2	Step R to R side (1) step L beside R (2)
3 & 4	Step R to R side (3)step L beside R (&) 1/4 turn L stepping fwd L (4)
5 – 6	Step fwd L (5) pivot 1/2 turn R (6)
7 & 8	Step fwd L (7) touch R beside L (&) step fwd L (8)

Start over again!

Have fun & happy dancing, hugs from Sweden :)
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