

HOLD Me Valentine

COPPER KNOB
STEPPERS

拍數: 64 牆數: 4 級數: Easy Improver
編舞者: Tricia Bristow (USA) - January 2020
音樂: Valentine - Train



**NO TAGS NO RESTARTS R=RIGHT | L=LEFT | FWD=FORWARD
HOLD ON 4 & 8 EXCEPT FOR SECTION 4: 5-8 & SECTION 5**

SLOW SCISSOR STEPS RIGHT & LEFT WITH HOLDS

1-2-3-4 Step R to R side, step (slide) left to right, right cross over left, hold
5-6-7-8 Step L to L side, step (slide) right to left, left cross over right, hold

SLOW MAMBO STEPS RIGHT FWD & LEFT BACK WITH HOLDS

1-2-3-4 Rock fwd R, recover L, step slightly back R, hold
5-6-7-8 Rock back L, recover R, step slightly fwd L, hold

DIAGONAL STEP LOCK STEPS RIGHT FWD & LEFT FWD WITH HOLDS

1-2-3-4 Step R forward on R diagonal, Step ball of L crossed behind R, Step forward on R, hold
5-6-7-8 Step L forward on L diagonal, Step ball of R crossed behind L, Step forward on L, hold

SLOW R CHASE TURN, TIMELINE (out, out, in, in)

1-2-3-4 Step forward on R foot, Pivot half (1/2) over left shoulder, Step forward on R, hold
5-6 Step L foot to L side, Step R foot to R side
7-8 Step L foot home, Step R foot home

KICK, STEP BACK (or in place if needed)

1-2 Low Kick L foot, step back on L
3-4 Low Kick R foot, step back on R
5-6 Low Kick L foot, step back on L
7-8 Low Kick R foot, step back on R

TRAVELING SWIVELS R & L (RAMBLES) WITH HOLDS

1-2-3-4 Moving to right side: Swivel both heels to right, both toes to right, both heels to right, hold
5-6-7-8 Moving to left side: Swivel both heels to left, both toes to left, both heels to left, hold

R KICK BALL CROSS, R KICK BALL CHANGE FWD

1-2-3-4 Kick R forward, Land on R with weight on R, L Cross over R, hold
5-6-7-8 Kick R forward, Land on R with weight on R, Step forward on L, hold

STEP FWD R, HOLD, PIVOT TURN ½, STEP FWD R, HOLD, PIVOT TURN ¼

1-2-3-4 Step R forward, hold, Pivot ½ over L shoulder, hold
5-6-7-8 Step R forward, hold, Pivot ¼ over L shoulder, hold

End of Dance. Repeat. Enjoy.

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