

# The Heat Is On

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 4  
編舞者: Anna Molitor (DE) - February 2024  
音樂: The Heat Is On - Glenn Frey



**Intro: 4x8 Counts (Start with the vocals on „ON“)**

**Restarts: Wall 4 after Count 24; Wall 8 after Count 24**

**Tag: Wall 5 after Count 32; Wall 9 after Count 32**

- 1 2      Double Heel Point with RF forward
- 3 4      Double Tap with RF crossing the left foot

## **Section 1: K-Step; Flick**

- 1 2      RF diagonal forward, LF touch to RF (Double Clap on 2&)
- 3 4      LF diagonal backwards, RF touch to LF (Clap on 4)
- 5 6      RF diagonal backwards, LF touch to RF (Double Clap on 6&)
- 7 8      LF diagonal forward, flick right foot back behind left leg (Clap on 8)

## **Section 2: Side; Behind Cross; Side; Walk forward; Walks and Points**

- 1 2      RF Step to right side, LF Step behind RF
- 3 4      RF Step to right side and turn ¼ to right, LF Walk forward
- 5 6      RF Step forward, LF Point to left side
- 7 8      LF Step forward, RF Point to right side

## **Section 3: Jazz Box; Heel Bounces**

- 1 2      Cross RF over LF, Step LF back
- 3 4      RF Step forward, turn ¼ to right and step LF forward
- 5 6      RF Step forward, Bounce heels
- 7 8      Bounce heels twice and turn ¼ to left

## **Section 4: Weave; Rocking Chair**

- 1 2      Cross RF over LF, LF Step to left side
  - 3 4      Cross RF behind left, LF Step to left side and turn 1/8 to left
  - 5 6      Rock RF diagonal forward, Recover on LF
  - 7 8      Rock RF back, Recover on LF
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