

# My Stupid Heart

**COPPER** KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: High Beginner  
編舞者: Elisabeth HS (INA) & Retno Ernawati (INA) - February 2024  
音樂: My Stupid Heart (HUTS Remix) - Walk Off the Earth



No Tag, No Restart

## Section 1 WALK, WALK SHUFFLE FORWARD, STEP FORWARD RECOVER, 1/2 TURN LEFT SHUFFLE FORWARD

1 - 2            step rf , lf  
3&4            shuffle forward on rf, lf, rf  
5 - 6            step lf forward, recover on rf  
7&8            1/2 turn left, shuffle forward on lf, rf, lf (6 o'clock)

## Section 2 1/4 TURN LEFT, HOLD, STEP, TOUCH, 1/4 TURN LEFT 1/4 TURN LEFT, BACK , SIDE , CROSS

1 - 2&           1/4 turn left on rf, hold, lf next to rf  
3 - 4            rf to right, lf touch next to rf  
5 - 6            1/4 turn left lf forward, 1/4 turn left rf to right,  
7&8            lf behind rf, rf to right, lf cross over rf (3 o'clock)

## SECTION 3 HIP BUMP UP DOWN UP, BEHIND SIDE CROSS RL

1 &2            Touch RF diagonal forward & bump R hip up, bump R hip down, bump R hip up  
3 &4            Step RF behind LF, step LF to L, cross RF over LF  
5 &6            Touch LF diagonal forward, bump L hips up, bump R hips down, bump L hip up  
7 &8            Step LF behind RF, step RF to R, cross LF over RF

## SECTION 4 STEP FORWARD, SAILOR 1/2 TURN R, SIDE TOUCH, KICK BALL CHANGE

1 - 2            Rock RF forward , recover onto LF  
3 &4            Step RF behind LF Turn 1/2 R, step LF to L, step RF to R  
5 - 6            Step LF to L, touch RF next to LF  
7 &8            Kick RF forward, step RF next to LF, close LF next to RF

Finish enjoy, happy dancing