The Silence After You



拍數: 32 牆數: 4 級數: High Beginner

編舞者: Micaela Svensson Erlandsson (SWE) - February 2024

音樂: The Silence After You - Dear Sara: (Single)



Intro: 8 counts

Section 1 Step ½ Turn left. Step. Hold. Triple Full Turn. Scuff.

1-2 Step forward on right foot. Turn ½ left (over your left shoulder).

3-4 Step forward on right foot. Hold.

5-7 Make a Triple Full Turn forward (over your right shoulder) stepping left, right, left.

8 Scuff right foot forward.

Easy Option: Replace the Triple Full Turn with a left Forward Shuffle.

*1ST Tag here.

Section 2 Step. Tap. Back. Kick. Slow Back Shuffle. Kick.

1-2 Step forward on right. Tap left to behind right foot.3-4 Step back on left foot. Kick right foot forward.

5-8 Step back on right. Step left beside right. Step back on right. Kick left foot forward.

Section 3 Slow Coaster Step. Brush. Step. ¼ Turn left. Cross. Hold.

1-4 Step back on left. Step right beside left. Step forward on left. Brush right foot forward

5-8 Step forward on right. Turn ¼ left. Cross right over left. Hold.

Section 4 Side. Touch. Side. Kick. Behind. Side. Step. Hold.

1-2 Step left to left side. Touch right beside left.

3-4 Step right to right side. Kick left foot in the left diagonal.

5-8 Step left behind right foot. Step right foot right. Step forward on left. Hold.

*1st Tag - On Wall 3, After Section 1 (Facing 12 O'clock).

Mambo Forward. Hold. Mambo Back. Hold.

1-4 Rock forward on right. Recover onto left. Step back on right. Hold. 5-8 Rock back on left. Recover onto right. Step forward on left. Hold.

*2nd Tag - After Wall 5, (Facing 6 o'clock)

Point. Touch

1& Point right toes to right side. Touch right beside left.

Last Update - 15 Feb 2024