On The Move

級數: Advanced

編舞者: Hiroko Carlsson (AUS) - February 2024

音樂: On The Move (feat. PRISKA) - LIZOT

Intro: 16 counts	
[S1] Fwd, Flick 1 2 3 4&5 6& 7 8	, 1/4R Flick, Shoulder Wiggles, Behind-Side, Cross Rock Step forward on R, Flick L behind R, Make a ¼ turn right on ball of R/ flick L to the left (3:00) Step L to the side/ wiggle your shoulders L-R-L Step R behind L, Step L to the side Rock/ cross R over L, Replace weight on R
[S2] Side, 1/4R, 1/4R Side Rock, Sailor Step, Touch-Unwind 1/2L-Sailor Step	
12	Step R to the side, Make a ¼ turn right stepping L to the side (6:00)
34	Make a ¼ turn right stepping (rock) R to the side (9:00), Replace weight on L
5&6	Step R behind L, Step L to the side, Step R to the side
7&	Touch back on L, Make a $\frac{1}{2}$ turn left (unwind) weight ends on R (3:00)
8&1	Step L behind R, Step R to the side, Step L to the side
[S3] Back Rock, Step-Lock-Step, Paddle R-Cross-Side-Behind Rock	
23	Rock back on R, Replace weight on L
4&5	Step forward on R, Lock L behind R, Step forward on R
6&	Step forward on L, Make a ¼ turn right recover weight on R (6:00)
7&	Cross L over R, Step R to the side
8&	Rock/ cross L behind R, Replace weight on R
[S4] Side, Together, Cross, 1/4L Shuffle Back, Replace, Step-Pivot 1/2L	
123	Step L to the side, Step R next to L, Cross L over R
4&5	Making a ¼ turn left shuffle back on R-L-R (3:00)
678	Replace/ step forward on L, Step forward on R, Make a $\frac{1}{2}$ turn left recover weight on L (9:00)
No tags or restarts.	

Ending suggestion: The last wall ends facing 9:00. Make a ¼ swift turn right on ball of L foot, Stepping forward on R (12:00).

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拍數: 32

牆數:4