

LaLa

拍數: 32 牆數: 4 級數: Beginner / Improver
編舞者: Sven Köhlen (DE) - February 2024
音樂: Lalalalalalalalala - Mikolas Josef



Intro 32 Counts, start at approx 17 secs after the first Lalalalalalalalala

No tags, no restarts! Just party!

(1-8) Out-Out, Hold, In-In, Hold, Weave to the right

&1, 2 Step R fwd to R diagonal. Step L fwd to L diagonal, Hold (clap)
&3, 4 Step R back to center, Step L beside R, Hold (clap)
5, 6, 7, 8 step R to side, cross L behind R, step R to side, cross L in front of R

(9-16) Side, Hold, Ball change with cross, Weave to the left

&1, 2 Step R to side, hold heel of L diagonally in front,
&3, 4 pull back on ball of L , cross R in front of L.
5, 6, 7, 8 step L to side, cross R behind L, step L to side, cross R in front of L.

(17-24) Point, close, (4x) step touch (2x)

&1, &2 point L to side, close L beside R, point R to side, close R beside L
&3, &4 point L fwd, close L beside R, point R fwd, close R beside L
5, 6, 7, 8 Step L fwd, touch R beside L, step R back, touch L beside R

(25-32) Rock, in place, shuffle forward (1/4 to R); spot turn,(1/2 to left) kick ball change

1, 2 Rock with L fwd, rock with R in place;
3&4 Shuffle forward LRL with ¼ turn to the right
5, 6 rock R fwd, L in place ½ to the left
7&8 Kick R Fwd, pull back to ball of R; settle weight on L