Suena El Dembow

級數: Improver

編舞者: Ryan (INA) & Kiki (INA) - February 2024

音樂: Suena El Dembow - Joey Montana & Sebastián Yatra

Start on Vocal - No Tag - No Restart

拍數: 32

Section 1 : BOTAFOGO R-L, CROSS SHUFFLE, ½ L CROSS SHUFFLE

- 1 a 2 Cross R over L, rock L to side, recover on R
- 3 a 4 Cross L over R, rock R to side, recover on L
- 5 a 6 Cross R over L, step L to side, cross R over L
- 7 a 8 1/2 turn Left cross L over R, step R to side, cross L over R

Section 2 : SAMBA WHISK R-L, VOLTA FULL TURN R

- 1 a 2 Step R to side, rock cross L behind R, recover on R
- 3 a 4 Step L to side, rock cross R behind L, recover on L
- 5a6a ¼ turn Right step R forward, lock L behind R, ¼ turn Right step R forward, lock L behind R
- 7 a 8 1/4 turn Right step R forward, lock L behind R, 1/4 turn Right step R forward

Section 3 : FORWARD MAMBO, BACK MAMBO, SIDE MAMBO, R CHASSE

- 1 a 2 Rock L forward, recover on R, step L next to R
- 3 a 4 Rock R back, recover on L, step R next to L
- 5 a 6 Rock L to side, recover on R, step L next to R
- 7 a 8 Step R to side, step L next to R, step R to side

Section 3 : ¼ L DIAMOND, TOUCH, BACK, TOUCH, BACK, TOUCH, ¼ R, CLOSE

- 1a2a Cross L over R, step R to side, ¹/₈ turn Left step L back, hitch on R
- 3a4a Step R back, 1/2 turn Left step L to side, rock R forward, recover on L
- 5a6a Touch R forward, step R back, touch L forward, step L back
- 7 a 8 Touch R forward, ¼ turn Right step R to side, step L next to R

Enjoy the dance, for further info please contact us : Rqlinedance@gmail.com





牆劖

牆數:2