Beyonce's Country



拍數: 32

牆數:4

級數: High Beginner / Improver

編舞者: Tara Bianco (USA), Mackenzie Keister (USA) & Adia Nuno (USA) - February 2024

音樂: TEXAS HOLD 'EM - Beyoncé

Notes: HAVE FUN!

Section 1 - (Counts 1-8) WALK, WALK, OUT OUT IN IN, HEEL SWITCHES, ¼ HITCH

- 1,2 R walk forward, L walk forward
- &3&4 Step R out to R side, Step L out to L Side, Bring R back to Center, Bring L back to Center
- 5&6& R Heel, R to Center, L Heel, L to Center,
- 7,8 R heel scuff ¼ turn R with hitch, step R forward

Section 2- (Counts 9-16) STEP, LOCK, STEP, LOCK, STEP, ¼ PADDLE, ¼ PADDLE

- 1,2,3&4 L step forward, R lock behind left, L step forward, R lock behind left, L step forward
- 5,6,7,8 R step forward, ¼ pivot over L shoulder (LF takes weight), R step forward, ¼ pivot over L shoulder (LF takes weight)
- Styling Tip: roll your hips as you do the pivot turn, and use your arms like a Lasso

Section 3 (Counts 17-24) CAMEL WALKS, MAMBO, KNEE POPS, MAMBO

1,2 Scoot forward into RF while popping L knee, Scoot forward into LF while popping R knee (*Styling Tip: add Beyoncé arms by reaching your right arm towards your right foot while bringing your left hand towards your left hand. Do this on each side for the camel walks)

- 3&4 Rock forward on R, Recover weight on L, Step back on R
- 5,6 Step back on L while popping R knee, Step back on R while popping L knee,
- 7&8 Rock back on L, Recover weight on R, Step forward on L

*optional 7&8 as a coaster step (LRL)

Section 4 (Counts 25-32) V STEP (w/claps optional), PIVOT, KICK, STOMP STOMP

- 1,2,3,4 Step R foot diagonally (& Clap), Step L foot diagonally (& Clap), Step R back to center (& Clap), Step L next to R (& Clap)
- Styling Tip: add a clap on the "&" count after every step in the V step)
- 5,6 Step R forward, half pivot turn left
- 7&8 Kick R foot forward, Bring R back to center and stomp, stomp L foot

DANCE TIP: Tag during 2nd wall. Dance the first 16 counts then do 4 camel walks. Start from beginning.

Last Update: 26 Feb 2024