A Work In Progress



拍數: 32 編數: 0 級數: Beginner / Intermediate

編舞者: Double Trouble (CAN)

音樂: Keep Workin' On Me - Johnny Reid



Start of dance: 32 counts, start on vocals

KICK RIGHT, LEFT, DOUBLE RIGHT, KICK LEFT RIGHT, DOUBLE LEFT

1&2 Kick right forward, step right together, kick left forward

&3-4 Step left to side, kick right forward twice

&5&6 Step right to side, kick left forward, step left together, kick right forward

&7-8 Step right to side, kick left forward twice

SHUFFLE FORWARD RIGHT, SHUFFLE FORWARD LEFT, ROCK RIGHT, RECOVER, MAKE ½ TURN SHUFFLE OVER RIGHT SHOULDER

&1-2 Step left together, chassé forward right, left, right

3&4 Chassé forward left, right, left5-6 Rock right forward, recover to left

7&8 Chassé back turning ½ right stepping right, left, right

LINDY TO THE LEFT, STEP OUT RIGHT HOLD, STEP OUT LEFT HOLD (MAKE IT SEXY)

1&2 Chassé side left, right left3-4 Rock right back, recover to left

5-8 Step right to side (roll knee a little bit for styling), hold, repeat same with left

This is the restart section

DWIGHT TO RIGHT, WITH A RIGHT JAZZ BOX

1-4 (While traveling slightly to the right) touch right toe to left instep, touch right heel out, touch

right toe to left instep, touch right heel out

5-8 Cross right over left, step back to left, step side with right, step left forward

REPEAT

RESTART: Do the dance for 6 complete walls. On wall 7 you will be starting the dance facing the front. Do the first 24 counts.

You will be facing the back, and you will drop off the last 8 counts of the dance. Start again from the beginning, and dance rest of the dance till the end