Dreaming



拍數: 48

牆數:2

級數: Intermediate

編舞者: Guy Dubé (CAN) & Nancy Milot (CAN) - February 2024

音樂: Dreaming - Tones And I



Intro:16 counts - No Tag, No Restart

Steps description

[1-8] SYNCOPATED SAILOR STEPS L,R, R HEEL DIAGONALLY FWD, TOGETHER, ROCK STEP with WOODEN LEG in 3/8 TURN L, COASTER STEP

- 1&2& Cross step R behind L, step L to left side, step D to right side, cross step L behind R
- 3&4& Step R to right side, step L to left side, heel R forward diagonally to right, step R together L (1 :30)
- 5-6 Rock step L forward, recover on R with L leg straight forward (wooden leg) in 3/8 turn to left (9: 00)
- 7&8 Step L back, step R together L, step L forward

[9-16] CROSS in 1/4 TURN R, STEP FWD in 1/4 TURN L, 1/4 TURN R with CROSS SHUFFLE to L, ROCK SIDE, RECOVER, CROSS, 1/4 TURN R and STEP FWD, 1/2 TURN R and STEP BACK

- 1-2 Cross step R over L in 1/4 turn to right, step L forward in 1/4 turn to left
- 3&4 1/4 turn to right and cross shuffle to left with RLR (12: 00)
- 5-6 Rock side L to left side, recover on R
- 7&8 Cross step L behind R, 1/4 turn to right and step R forward, 1/2 turn to right and step L back (9 :00)

[17-24] CAMEL WALK BACK, COASTER STEP, CAMEL WALK FORWARD, MAMBO STEP FWD

- 1-2 Step R back in pushing L knee forward, step L back in pushing R knee forward
- 3&4 Step R back, step L together R, step R forward
- 5-6 Step L forward in pushing R knee forward, step R forward in pushing L knee forward
- 7&8 Rock step L forward, recover on R, step L together R

[25-32] SIDE, TOGETHER, DIAMOND STEPS in 3/4 TURN L, MAMBO STEP FWD, ROCK BACK, RECOVER, HEEL FWD

- 1& Step R to right side, slide point L together R
- 2& 1/4 turn to left and step L to left side, slide point R together L (6:00)
- 3& 1/4 turn to left and step R to right side, slide point L together R (3:00)
- 4& 1/4 turn to left and step L to left side, slide point R together L (12:00
- 5&6 Rock step R forward, recover on L, step R together L
- 7&8 Rock back with L, recover on R, L heel forward (straighting back and leg backward)

[33-40] TOGETHER, CROSS, SIDE, CROSS, SIDE, CROSS, SIDE MAMBO, CROSS, HALF MONTEREY in 1/2 TURN R

- &1-2 Step L together R, cross step R over L, step L to left side
- 3&4 Cross step R behind L, step L to left side, cross step R over L
- 5&6 Rock side L to left side, recover on R, cross step L over R
- 7-8 Point R to right side, 1/2 turn to right and step R together L (6 :00)

[41-48] (Complete MONTEREY TURN) TOUCH, TOGETHER, HALF VAUDEVILLE, 2X (PRESS, RECOVER), TOGETHER, SIDE TOUCH

- 1-2 Point L to left side, step L together R
- 3& Cross step R over L, step L to left side
- 4& R Heel forward diagonally to right, step R together L

- 5& Ball press with weight, recover on R
- 6& Ball press with weight, recover on R
- 7-8 Step L together R, point R to right side

ENJOY AND HAVE FUN ! GUY & NANCY