Banana

級數: Beginner

牆數:4 編舞者: Linah Lunardi (INA) - February 2024

音樂: Banana (feat. Shaggy) - Conkarah

Intro: 16 counts

Restart (on wall 6 facing 3.00)

拍數: 32

(1-8) R ROCKING CHAIR, SHUFFLE FWD, PIVOT 1/2 R.

- Rock RF fwd, Recover onto LF 12
- 34 Rock RF back, Recover onto LF
- 5&6 Step RF fwd, Close LF next to RF, Step RF fwd
- Step LF fwd, Turn 1/2 R weight on RF 78

(9-16) L ROCKING CHAIR, SHUFFLE FWD, PIVOT 1/2 L.

- Rock LF fwd, Recover onto RF 12
- 34 Rock LF back, Recover onto RF
- 5&6 Step LF fwd, Close RF next to LF, Step LF fwd
- Step RF fwd, Turn 1/2 L weight on LF 78
- RESTART ON WAL 6 -

(17-24) SIDE, TOGETHER, CHASSE. (2X)

- Step RF to R, Close LF next to RF 12
- 3&4 Step RF to R, Step LF next to RF, Step RF to R
- 56 Step LF to L, Close RF next to LF
- Step LF to LF, Close RF next to LF, Step LF to L 7&8

(25-32) JAZZBOX 1/4 R, OUT OUT IN IN.

- Cross RF over LF, Step LF back 12
- 34 Turn 1/4 R stepping RF to R, Close LF next to RF
- 56 Step RF diagonally forward R, Step LF diagonally forward L
- 78 Step RF back to center, Close LF next to RF

Enjoy and hap y dancing!

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