Heart of Mine



拍數: 32

牆數:4

級數: Improver

編舞者: Guenther Wodlei (AUT) & Patricia Soran (AUT) - February 2024

音樂: Got to Get You Off My Mind - Solomon Burke : (Rerecorded)



INTRO: 8 Counts

[1-8]: CROSS-POINT, BEHIND-POINT, CROSS SHUFFLE, 2x 1/4-TURN RIGHT

- 1-2 Cross RF over LF; Point LF to side
- 3-4 Cross LF behind RF; Point RF to side
- 5&6 Cross RF over LF; Close LF behind RF; Cross RF over LF
- 7-8 ¼-turn right (3.00) and step back with LF; ¼-turn right (6.00) and side step with RF

[9-16]: CROSS ROCK, TOGETHER, HEEL GRIND SIDE, BEHIND-SIDE-CROSS, TOUCH L, KICK L WITH 1/8-TURN

- 1-2 Cross LF over RF; Rock back on RF
- &3-4 Step together with LF; Cross right heel over LF; Step LF to side (RF still on heel)
- 5&6 Cross RF behind LF; Step to side with LF; Cross RF over LF (facing 4.30)
- 7-8 Touch LF near RF; 1/8-turn left (3.00) and Kick LF fwd.

[17-24]: COASTER STEP, ½-STEP-TURN L, MOD. CHARLESTON STEP

- 1&2 Step back with LF; Step together wit RF; Step fwd. with LF
- 3-4 Step fwd. with RF; ¹/₂-turn left (9:00) and step back on LF
- 5-8 Step fwd. with RF; Kick LF fwd.; Step back with LF; Touch RF near LF

[25-32]: TRIPLE STEP FWD.,1/2-STEP-TURN R, FULL TURN R (OR 2x WALK), KICK-BALL-POINT

- 1&2 Step RF fwd.; Close LF behind RF; Step RF fwd.
- 3-4 Step LF fwd.; ¹/₂-turn right (3:00) and step on RF
- 5-6 ¹/₂-turn right (9:00) and step back with LF; ¹/₂-turn right (3:00) and step fwd. with RF optional walk fwd. L+R
- 7&8 Kick LF fwd.; Step together with LF; Point RF to side

HAPPY DANCING!

Email: patricia.soran@linea7.com

Last Update - 23 Feb 2023