

You're My Star

COPPER KNOB
STEPSHEETS

拍數: 80 牆數: 1 級數: Phrased Advanced
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音樂: You're My Star - Tank : (Amazon music)



I believe soul line dances are usually learned by watching people dance it and memorizing the steps and how they fit the music, and making strong musical muscle memories. This dance, fortunately, also lends itself to being counted and written into a step sheet for other learning preferences. The counts are based on the rhythm of the music. Dance starts 32 counts after the drum beats start. Tag is 16 counts and repeated 6 times. After you learn the steps, relax, bounce and flow to the rhythm! For added style, make the moves at the ends of the & counts sharp, synchronize with the even numbered (2,4,6,8) beats in the percussion. Phrased dance sequence is: ABC ABC ABC ABC TAG AB

SECTION A

SIDE STEP SLIDE, IN OUT, SAILOR QUARTER TURN, TWO COUNT FULL LEFT TURN, FORWARD ROCK, RECOVER

1&2 Step to right on right foot, slide left foot next to right foot (in) and out
3&4 Left sailor step ending quarter turn to left
5 6 Two count full left turn – step on right, step on left
7&8 Rock forward on right, back on left, recover on right

ROCK BACK, RECOVER, POINT, REPEAT, BACK STEP, POINT, SAILOR, SLIDE

9&10 Rock back on left, recover on right, point left foot left
11&12 Rock back on left, recover on right, point left foot left
13 14 Step back on left, point right
15&16 Right sailor ending in point right, sliding left foot to right

The following are the steps to repeat all the above 16 SECTION A counts in reverse:

17&18 Slide/step to left on left foot, slide right foot next to left foot (in) and out
19&20 Right sailor step ending quarter turn to right
21 22 Two count full right turn – step on left, step on right
23&24 Rock forward on left, back on right, recover on left

25&26 Rock back on right, recover on left, point right foot
27&28 Rock back on right, recover on left, point right foot
29 30 Step back on right, point left
31&32 Left sailor ending in point left, sliding right foot to left

SECTION B

WALKS, KICK BALL POINT, STEP POINT DRAG, SAILOR TURN, THEN REPEAT IN REVERSE

1 2 Walk forward right, left
3&4 Kick ball with right foot quarter turn right point left, drag left foot in
5 6 Step on left, point right foot out, dragging right foot in
7&8 Right sailor step turning quarter right

The following are the steps to repeat the above 8 SECTION B counts in reverse steps:

9 10 Walk forward left, right
11&12 Kick ball with left foot quarter turn left point right, drag right in
13 14 Step on right, point left foot out, drag left foot in
15&16 Left sailor step turning quarter left

SECTION C

LOCK STEPS FORWARD, ROCK BACK, LOCK STEPS BACK, HALF RIGHT TWO STEP TURN

- 1&2 Lock step forward right left right
- 3 4 Rock up and back on left, right
- 5&6 Lock step back left right left
- 7 8 Half turn right in two steps right, left

FORWARD RIGHT, HOLD, LEFT, HOLD, RIGHT, LEFT, HALF LEFT TWO STEP TURN

- 1 2 Step forward on right, hold
- 3 4 Step forward on left, hold
- 5 6 Step right, left
- 7 8 Half turn right in two steps right, left

Repeat all of the above SECTION C 16 steps

TAG – REPEAT SIX TIMES

Start @12 (first time)

@9 (2nd time)

@6 (3rd time)

@3 (4th time)

@12 (5th time)

@9 (6th time)

@6 then end tagging by turning back to front

SLIDE. CLAP, DOUBLE TAPS, KICK, BACK RLR, STEP, FLICK, STOMP, STOMP

- 1 2 Slide right foot right, tap left foot next to right (clap)
- 3&4& Tap right foot twice, kick right foot forward, step back on right
- 5 6 Step in place on left then right
- 7&8& Step forward on right, flick left behind right, stomp left, right

HEEL SWIVELS, STOMPS, RIGHT OUT IN UP DOWN, HEEL GRIND, QUARTER TURN RIGHT, RL, OUT IN

- 9&10& Swivel heels to right, swivel heels to left, stomp right, left
- 11&12 Right foot to right, right foot in, right knee up hold
- 13& Right heel in front grind $\frac{1}{4}$ turn to right
- 14 Right heel grind in front
- 15&16& Step right, left, right out, right in

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