We Were Made To Move



拍數: 32 牆數: 4 級數: Absolute Beginner

編舞者: Aurora de Jong (USA) - February 2024

音樂: Rhythm - Manic Drive



Dance starts after 32 counts

1-2	Step R forward (1), hitch L knee (2)
3-4	Step L back (3), touch R back (4)

5-6 R Charleston: step R forward (5), kick L forward (6)

7-8 Step L back (7), touch R back (8)

Walk forward RL, diagonal step touch forward, diagonal step touch back 2x

1-2	Step R forward (1), step L forward (2)
3-4	Step R forward to right diagonal (3), touch

3-4 Step R forward to right diagonal (3), touch L to R (4)
5-6 Step L back to left diagonal (5), touch R to L (6)
7-8 Step R back to right diagonal (7), touch L to R (8)

L diagonal step touch back, diagonal step forward with hip bumps RL, right grapevine

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3-4 Step R diagonally to right into a R hip bump (3), hip bump L (4)

5-6 R grapevine: step R to right (5), step L behind R (6)

7-8 Step R to right (7), touch L to R (8)

L rocking chair (or 2 ½ pivots), left grapevine with ¼ left turn and scuff

1-2	L rocking chair: Rock L forward (1), recover to R	(2)
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3-4 Rock L back (3), recover to R (4)

5-6 L grapevine: step L to left (5), step R behind L (6)
7-8 Step L forward, making ¼ turn right (7), scuff R foot (8)

*more advanced dancers can do 2 ½ pivots for counts 1-4

TAG: 4-count tag after Wall 9

1-2 Step R forward (1), touch L toe to R heel (2)

3-4 Step L back (3), touch R toe to L (4)

Questions? aurora.dejong@gmail.com

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