

Second Chance

拍數: 32 牆數: 4 級數: Improver
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音樂: Cruising for Bruising - Basia



Start on vocal

S1 : SIDE, BEHIND, RECOVER, ¼ R SIDE SHUFFLE, CROSS

1 2 3 Step LF to L side, cross RF behind LF, recover on LF
4 & 5 Step RF to R side, LF together RF, ¼ turn R step RF forward
6 7 8 Step LF forward, ¼ turn R recover on RF, cross LF over RF

S2 : SIDE ROCK RECOVER W/ BAND KNEE, RECOVER, FWD, SCURF, JAZZ BOX

1 2 Step RF to R side, recover on RF (w/ band knee)
3 4 In place RF (w/ band knee), step LF forward
5 6 Scurf RF beside LF, cross RF over LF
7 8 Step back LF, RF together LF

S3 : SHUFFLE LEFT ROCK RECOVER (CHASSE), SHUFFLE RIGHT ROCK RECOVER (CHASSE)

1&2 Step LF to L side, RF together LF, step LF to L side
3 4 Rock back on RF, recover on LF
5&6 Step RF to R side, LF together RF, step RF to R side
7 8 Rock back on LF, recover on RF

S4 : SIDE ROCK RECOVER W/ BAND KNEE, FWD, ¼ R JAZZ BOX

1 2 Step LF to L side (w/ band knee), recover on RF (w/ band knee)
3 4 Step LF forward, cross RF over LF
5 6 ¼ turn R step back on LF, step RF to R side
7 8 Step LF forward, RF together LF

Note : no tag no restart