Det Gör Ont

拍數: 32

級數: Beginner

編舞者: Kristina Åkerman (SWE) - March 2024

音樂: Det gör ont - Lena Philipsson

Intro: 32 counts - No tags, 2 restart!

Sec:1 Vine R, Vine L. Brush

- 1-2 Step Right to Right side, step Left behind Right.
- 3-4 Step Right to Right side, Touch Left next to Left.
- 5-6 Step Left to Left side, step Right behind.
- 7-8 Left Step Left to Left Side, Brush Right forward.

Sec:2 Jazz box, V-Step

1-2	Step Right across Left, Step Left back.
3-4	Step Right to Right, Step Left beside Right.
5-6	Step Forward and Out on Right, Step Forward and Out on Left.
7-8	Step Back and In on Right, Step Back and In on Left.

Restart:

Sec:3 K- STEP

1-2	Step Right forward to Right diagonal, Touch Left beside Right.
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3-4 Step Left back to Left diagonal, Touch Right beside Left.

- 5-6 Step Right back to Right diagonal, Touch Left beside Right.
- 7-8 Step Left forward to Left diagonal, Touch Right beside Left.

Sec:4 Paddle ¼ Left 2X, Rocking Chair

- 1-2 Step Forward on Right, make1/4 stepping Left.
- 3-4 Step Forward on Right, make 1/4 stepping Left.
- 5-6 Rock forward on Right, Recover on Left.
- 7-8 Rock Back on Right, Recover on Left.

Restart: On Wall 2 (6.:00) and 6 (12:00) after 16 counts

Ending: 16 counts

Vine R, Vine L. Brush, Paddle ¼ Left 2





牆數:2