Natural Disaster



拍數: 32 牆數: 4 級數: Absolute Beginner

編舞者: Nathalie LATERRIERE (FR) - February 2024 音樂: Natural Disaster - Jealous Friend & Katarina



Start: 16 Counts - No Tag No Restart

1-2 Step RF to R side, step LF behind RF
3-4 Step RF to R side, Touch LF next to RF
5-6 Rock forward onto LF, recover back onto RF

7-8 Step back LF, Touch RF next to LF

S2: RUMBA BOX R FORWARD, HOLD, RUMBA BOX L BACKWARDS, HOLD [12:00-12:00]

1-2 Step RF to R side, step LF next to RF

3-4 Step RF forward, HOLD

5-6 Step LF to L side, step RF next to LF

7-8 Step back LF, HOLD

S3: SIDE R, TOUCH L, 1/4T L SIDE L, TOUCH R, JAZZBOX [12:00-9:00]

1-2 Step RF to R side, Touch LF next to RF

3-4 Turn ¼ T L stepping LF to L side, Touch RF next to LF (9:00)

5-6 Step RF across LF, step back LF7-8 Step RF to R side, step LF forward

S4: CROSS R POINT L, CROSS L POINT R, WALK BACK R/L, ROCK R FORWARD WITH BUMP, RECOVER L WITH BUMP [9:00-9:00]

Step RF forward slightly across LF, point LF out to L side
 Step LF forward slightly across RF, point RF out to R side

5-6 Step back RF, step back LF

7-8 Transfer weight forward onto RF with a bump, recover back onto LF with a bump