

I Still Do

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Frédéric Marchand (FR) - 20 February 2024
音樂: I Still Do - Chase Bryant



Intro: 32 counts - Bodyweight on the left foot

Séq: 32 - 32 - 32 - 8T - 32 - 32 - 32 - 32 - 32 - 32 - 32 - FINAL

Date: 20/02/2024

S1 SIDE R, TOUCH L, 1/8 TURN L STEP R FWD, TRIPLE STEP FWD L, ROCK R FWD, RECOVER 1/4 TURN R, TRIPLE STEP 1/2 TURN R

1-2-3 Step RF to R side (1) - Touch LF next to R (2) [12:00] - Press LF and make 1/8 turn L with RF Fwd (3) [10:30]
4&5 Step LF Fwd (4) - Lock/step RF behind L (&) - Step LF Fwd (5)
6-7 Step RF Fwd (6) - Make 1/4 R and Recover weight onto LF (7) [01:30]
8&1 Make 1/4 turn R stepping RF to right side (8) [04:30] - LF close next to R (&) - Make 1/4 turn R stepping RF Fwd (1) [07:30]

S2 BREAK STEP L, RECOVER 1/8 TURN L WITH SWEEP L, BEHIND, SIDE, CROSS, SIDE ROCK R WITH HIP ROLL, BEHIND, 1/4 TURN L, STEP R FWD

2-3 Cross LF over R (2) - Make 1/8 turn L and Recover weight onto RF with Sweep LF from front to back (3) [06:00]
4&5 Cross LF behind R (4) - Step RF to R side (&) - Cross LF over R (5)
6-7 Step RF to R side and rolling the hip clockwise (6) - Recover weight onto LF (7)
8&1 Cross RF behind L (8) - Make 1/4 turn L stepping LF Fwd (&) - Step RF Fwd (1) [03:00]

S3 CROSS L 1/8 TURN L, SIDE R 1/8 TURN L, CROSS TRIPLE L 1/4 TURN L, SIDE R, SPIRAL TURN 3/4 TURN L, TRIPLE STEP FWD L

2-3 Cross LF over R with 1/8 turn L (2) [01:30] - Step RF to R side with 1/8 turn L (3) [12:00]
4&5 Cross LF over R with 1/8 turn L (4) [10:30] - Step RF to R side (&) - Cross LF over R with 1/8 turn L (5) [09:00]
6-7 Step RF to R side (6) - Make 3/4 turn L on the RF finish LF crossed over R (7) [12:00]
8&1 Step LF Fwd (8) - Lock/step RF behind L (&) - Step LF Fwd (1)

S4 ROCK R FWD, RECOVER L, TRIPLE STEP BACK R, POINT BACK L, UNWIND 1/2 L, FULL TURN L***

2-3 Step RF Fwd (2) - Recover weight onto LF (3)
4&5 Step RF Back (4) - LF close over R (&) - Step RF Back (5)
6-7 Point LF back (6) - Make 1/2 turn L on LF finishing weight on L (7) [06:00]
8& Make 1/2 turn L stepping RF back (8) [12:00] - Make 1/2 turn L stepping L Fwd (&) [06:00]

(Make 1/4 turn left to restart the count 1 dance facing 3:00)

***** Easy option to replace full turn with step RF Fwd (8) - LF close next to R (&)**

TAG At the end of wall 3 face 09:00

1-2 Make 1/4 turn left with Step RF to R side and rolling the hip clockwise (1-2)
3-4 Rolling the hip anti-clockwise (3-4)
5-7 Rolling the hip clockwise (5) - Rolling the hip anti-clockwise (6) - Rolling the hip clockwise (7)
8& Touch LF next to R (8) - Press LF weight onto LF (&)

Start again with a smile V1-UK-FM le 20/02/2024

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