

Mama Tried

拍數: 32 牆數: 4 級數: Improver
編舞者: Robyn Anderson (AUS) - March 2024
音樂: Mama Tried - Merle Haggard



Intro 20 counts. Start on 4th word "I"

Restart: After 16 counts on wall 4, facing wall 2, you will return to wall 4.

Section 1. Forward, Pivot Turn, Side Rock Behind Side Cross.

- 1-4. Right forward, pivot $\frac{1}{2}$ turn left, shuffle right, left, right.
- 5-6. Left to side, recover right,
- 7&8 Left behind right, right to side, cross left over right.

Section 2. Side, $\frac{1}{4}$ Turn, Shuffle, Side Rock, $\frac{1}{4}$ Turn Sailor Step.

- 1-4. Right to side $\frac{1}{4}$ turn on left, shuffle forward right left right.
- 5-6. Left to side, recover on right.
- 7&8. $\frac{1}{4}$ turn on left behind right, right to side, left to side.

Section 3. Syncopated Right & Left Weave.

- 1-2-&. Right to side, left behind right, right to side.
- 3-4. Cross left over right, right to side.
- 5-6-&. Left to side, right behind left, left to side.
- 7-8. Cross right over left, right to side.

Section 4. Forward Rock, Coaster, Forward, $\frac{1}{4}$ Turn, Side Shuffle.

- 1-2. Rock forward right, back on left.
- 3&4. Back on right, left together with right, forward on right.
- 5-6. Forward on left, forward $\frac{1}{4}$ turn on right,
- 7&8. Side shuffle left right left.