

拍數: 64 牆數: 2 級數: Advanced
 編舞者: Neville Fitzgerald (UK) & Julie Harris (UK) - February 2024
 音樂: Disco Cone (Take It High) (ft. WENZL) - Enisa



Start 16 Count..

Sequence... 64, Tag, 64, Last 32 Counts repeats, Tag, 32 with Ending.

Step, Hold, Lock, Step , Side, Close, Back, Pony Step.

- 1-2& Step diagonally forward on Right. Hold, Lock Left behind Right.
- 3-4 Step diagonal on Right, step Left to Left side.
- 5-6 Step Right next to Left, step back/slightly jump on Left sweeping Right out to side.
- 7&8 Step back on Right as you lift Left knee slightly, step Left next to Right, step down on Right as you lift Left knee slightly.

Back, Together, Walk, Walk, Rock Recover, Sailor 1/4.

- 1-2 Step back on Left, step Right next to Left.
- 3-4 Walk forward Left - Right.
- 5-6 Rock forward on Left, recover back on Right.
- 7&8 Cross step Left behind Right making 1/4 turn to Left, step Right next to Left, step forward on Left. (9.00)

Step, Sweep, Cross, Back, Back, Cross, Side, 1/2 .

- 1-2 Step forward on Right, sweep Left from back to front.
- 3-4 Cross step Left over Right, step back on Right.
- 5-6 Step back on Left, cross step Right across Left.
- 7-8 Step Left to Left side, make 1/2 hinge turn to Right keeping Right knee hitched. (3.00)

Side Rock, Recover, Behind & Cross, Side Rock, Recover, Ball Side, Step.

- 1-2 Rock Right to Right side, recover on Left.
- 3&4 Cross step Right behind Left, step Left to Left side, cross step Right across
- 5-6 Rock Left to Left side, recover on Right.
- &7-8 Step Left next to Right, step Right to Right side, step forward on Left.

Step Brush, Cross, 1/4, Side, Heel, Side, Behind.

- 1-2 Step forward on Right, brush left forward.
- 3-4 Cross step Left over Right, make 1/4 turn to Left stepping back on Right. (12.00)
- 5-6 Step Left to Left side, grind Right heel across Left.
- 7-8 Step Left to Left side, cross step Right behind Left. (Body will open towards 1.30 corner)

Rock Recover, Cross, Hold, Ball Cross, Touch, Hitch, Hold.

- 1-2 Rock Left to Left side, recover side Right.
- 3-4 Cross step Left across Right, hold.
- &5-6 Step Right to Right side, cross step Left across Right, touch Right next to Left.
- 7-8 Hitch Right knee , hold. (1.30)

(Counts 1-6 are danced angled travelling diagonally towards 1.30)

Rock Recover, Jazz 1/8 Cross, Side, Drag.

- 1-2 Rock back on Right, recover forward on Left.(1.30)
- 3-4 Cross step Right across Left, make 1/8 turn to Right stepping back on Left. (3.00)
- 5-6 Step Right to Right side, cross step Left across Right. (3.00)
- 7-8 Step a large step to Right side, drag Left towards Right. (Weight on Right)

Rock Back, Recover, Side, Touch, Side, Close, Walk, Walk.

- 1-2 Cross rock Left behind Right, recover on Right.
- 3-4 Step Left to Left side, touch Right next to Left.
- 5-6 Step Right to Right side, step Left next to Right.
- 7-8 Walk forward Right- Left.

Tag .. End of Walls 1 & 3

NOTE SEE SEQUENCE .. Count 32 to 64 repeats after Wall 2.

TAG...

Rocking Chair, Step, Bounce Bounce Bounce.

- 1-2 Rock forward on Right, recover on Left.
- 3-4 Rock back on Right, recover on Left.
- 5 Step forward on Right.
- 6-8 Make 1/2 turn over Left bouncing heels over 3 counts.

Rocking Chair, Jazz 1/4.

- 1-2 Rock forward on Right, recover on Left.
- 3-4 Rock back on Right, recover on Left.
- 5-6 Cross step Right over Left, make 1/4 turn Right stepping back on Left.
- 7-8 Step Right to Right side, step forward on Left.

Rocking Chair, Step, Bounce x 3

- 1-2 Rock forward on Right, recover on Left.
- 3-4 Rock back on Right, recover on Left.
- 5 Step forward on Right.
- 6-8 Make 1/2 turn over Left bouncing heels over 3 counts.

Rocking Chair, 2 x Pivot Turn.

- 1-2 Rock forward on Right, recover on Left.
- 3-4 Rock back on Right, recover on Left.
- 5-6 Step forward on Right, pivot 1/2 turn to Left.
- 7-8 Step forward on Right, pivot 1/2 turn to Left.

End for Wall 4 ...

Dance up to & including Count 6 section 4.. then add a 1/4 Sailor Turn to Left, step forward Right.

Have fun :)
