Galway Girl HB

拍數: 32

級數: High Beginner

March 2024 編舞者: Susan Doyle (USA) ·

音樂: Galway Girl - Ed Sh

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*16 Count intro

Section 1: 1-8 STEP FWD/FLICK, SHUFFLE BACK, SHUFFLE BACK, COASTER STEP

- 1 2Step R forward, Flick L up behind R
- 3&4 Step L back, Step R next to L, Step L back
- Step R back, Step L next to R, Step R back 5&6
- 7 & 8 Step L back, Step R next to L, Step L forward

Section 2: 9-16 WIZARD FWD RIGHT, WIZARD FWD LEFT, STEP ¼ TURN LEFT, HIP SWAYS

- 1 2&Step forward on R at diagonal, Bring L foot behind R heel, Step forward on R
- 3 48Step forward on L at diagonal, Bring R foot behind L heel, Step forward on L
- 5 6Step R forward making 1/4 turn left, Sway hips left
- 7 8 Sway hips right, Sway hips left (shifting weight to your left foot)

** Restart here on wall 6 (9:00) after 16 counts (6:00)

Section 3: 17-24 CROSS ROCK/RECOVER LEFT, CROSS ROCK/RECOVER RIGHT, PADDLE TURN 1/4 LEFT X2

- 1&2 Cross R over L, Replace weight onto L, Step R next to L
- 3 & 4 Cross L over R, Replace weight onto R, Step L next to R
- 5 6 Step forward on R making 1/4 turn left pushing on ball of R foot, Recover weight onto L
- 7 8 Step forward on R making 1/4 turn left pushing on ball of R foot, Recover weight onto L

Section 4: 25-32 CROSS ROCK/RECOVER LEFT, CROSS ROCK/RECOVER RIGHT, PADDLE TURN 1/4 LEFT X2

- 1&2 Cross R over L, Replace weight onto L, Step R next to L
- 3&4 Cross L over R, Replace weight onto R, Step L next to R
- 5-6 Step forward on R making ¼ turn left pushing on ball of R foot, Recover weight onto L
- 7 8 Step forward on R making 1/4 turn left pushing on ball of R foot, Recover weight onto L

* Added styling – Bring hands together in front and snap fingers during the "Flick" in section 1

Enjoy!

Any questions: freebrd523@yahoo.com Subscribe to YouTube: Susan Loves Country

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牆數:4