

Workin' Hard

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Guillaume Richard (FR) - February 2024
音樂: Workin' Hard (Day and Night) - Jesse Daniel



Intro: 32 counts - No Tag, No Restart

[1 – 8] Tap Hell x2, R Shuffle, Tap Hell x2, L Shuffle

1-2 Tap R heel in R diagonal (1), Tap R heel in R diagonal (2) 12:00
3&4 Step RF to R (3), Step LF next to RF (&), Step RF to R (4) 12:00
5-6 Tap L heel in L diagonal (5), Tap L heel in L diagonal (6) 12:00
7&8 Step LF to L (7), Step RF next to LF (&), Step LF to L (8) 12:00

[9 – 16] Cross Rock, Shuffle ¼ turn, Rock Step, Coaster Step

1-2 Cross RF over LF (1), Recover on LF (2) 12:00
3&4 Step RF to R (3), Step LF next to RF (&), Make ¼ turn R stepping RF fwd (4) 3:00
5-6 Step LF fwd (5), Recover on RF (6) 3:00
7&8 Step LF back (7), Step RF next to LF (&), Step LF fwd (8) 3:00

[17 – 24] Modified Rumba Box with Shuffles

1-2 Step RF to R (1), Step LF next to RF (2) 3:00
3&4 Step RF back (3), Step LF next to RF (&), Step RF back (4) 3:00
5-6 Step LF to L (5), Step RF next to LF (6) 3:00
7&8 Step LF fwd (7), Step RF next to LF (&), Step LF fwd (8) 3:00

[25 – 32] Step ½ Pivot, Shuffle Fwd, Step ½ Pivot, Shuffle Fwd

1-2 Step RF fwd (1), Make ½ turn L stepping on LF (2) 6:00
3&4 Step RF fwd (3), Step LF next to RF (&), Step RF fwd (4) 6:00
5-6 Step LF fwd (5), Make ½ turn R stepping on RF (6) 3:00
7&8 Step LF fwd (7), Step RF next to RF (&), Step LF fwd (8) 3:00

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