

# Car Wash (Chair Dance)

**COPPER KNOB**  
STEPPERS

拍數: 124      牆數: 0  
編舞者: Helen Woods (USA) - March 2024  
音樂: Car Wash - Rose Royce

級數: Phrased Beginner - Chair Dance



Sequence: INTRO AB AB CAB

**INTRO: Slap Thighs in rhythm to the beat for 11 sets of 8**  
**Then start with right leg**

1-4              March right, left, right, then kick left  
5-8              March left, right, left, then kick right  
9-32             Repeat counts 1-8 three more times

## **SECTION A: March 3, Kick**

1-4              March right, left, right, then kick left  
5-8              March left, right, left, then kick right  
9-32             Repeat counts 1-8 three more times

## **SECTION B: Wax On, Wax Off**

1-8              Right Arm moves in a counter clockwise circle  
9-16             Left Arm moves in clockwise circle  
17-24           Circle both arms  
25-32           Circle both arms in other direction

## **SECTION C: Arm Reaches and Shimmy**

1-2              Reach right arm up and across body, return  
3-4              Reach left arm up and across body, return  
5-8              Shimmy  
9-56             Repeat counts 1-8 six more times  
57-58           Reach right arm up and across body, return,  
59-60           Reach left arm up and across, return,

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