Run Devil Run



拍數: 16 編數: 4 級數: Easy Beginner

編舞者: Cathy Snow (USA) - March 2024

音樂: Run Devil Run - Crowder



Intro: 16 counts

Restart 2nd time 9:00 wall-dance counts 1-8 then restart the dance......this can also be an optional restart

[1-8] TOUCH RIGHT FORWARD, RIGHT SIDE, COASTER, TOUCH LEFT FORWARD, LEFT SIDE, 1/4 LEFT TURN SAILOR SHUFFLE

1-2 Touch right forward, touch right to right side

3&4 Step back right, left next to right, step forward right

5-6 Touch left forward; touch left to left side

7&8 ½ turn left stepping left-right-left (9:00 wall first rotation)

[9-16] MAMBO R SIDE; MAMBO L SIDE, R ROCKING CHAIR FWD.; L ROCKING CHAIR BACK

1&2 Rock R to R side; Recover weight on L; Step R next to L
3&4 Rock L to L side; Recover weight on R; Step L next to R
5&6 Rock forward on R; Recover weight on L; Step R
7&8 Rock back on L; Recover weight on R; Step L

Contact Cathy: mrssno@email.com

Sorry, but dancing and knee not working good enough for a video after TKR.

Please feel free to post one as it would be appreciated.