New Creation

拍數: 32

級數: Improver

編舞者: Cathy Snow (USA) - March 2024

音樂: New Creation - Mac Powell

Intro: Starts immediately on vocals

*Tag: 2nd time 3:00 wall- Dance 1-8 steps; then R Step Touch; L Step Touch & Restart dance

[1-8] 2X R STEP; L Step, w/LINDY R

- Step R to R side; touch L; step L to left side; touch R 1-4
- 5&6 Step R to R side, Step L next to R, Step R to R side
- 7-8 Step L behind R, Recover weight on R (12:00)

[9-16] 2X L STEP, R STEP, w/LINDY L

- Step L to L side, touch R; step R to right side; touch L 1-4
- 5&6 Step L to L side, Step R next to L, Step L to L side
- 7-8 Step R behind L, Recover weight on L (12:00)

[17-24] CROSS, POINT, CROSS, POINT, BACK, POINT, BACK POINT

- 1,2 Cross R over L (1), Point L to side (2) (12:00)
- Cross L over R (3), Point R to side (4) 3,4
- 5,6 Step R behind L (5), Point L to side (6)
- Step L behind R (7), Point R to side (8) (12:00) 7,8

[25-32] SHUFFLE FORWARD R; SHUFFLE FORWARD L; ¼ R TURN JAZZ BOX

- 1&2 Shuffle forward R, L R
- 3&4 Shuffle forward L, R, L
- 5-6 Cross R over L, step back on L
- 7-8 1/4 Step R to right side, step left forward

Contact Cathy: mrssno@email.com- Sorry, knee not cooperating yet for demo since TKR, but any video appreciated.





牆數:4