

Through The Seasons

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Pita Loppies (INA) - March 2024
音樂: Seasons - Thirty Seconds to Mars



Intro: 4x8

****2 Restarts on wall 2 & 5 after 16 counts**

Section 1 : Side Rock Recover R L , Dorothy RL

1-2& Step R Side , Rock L Behind , Recover on R
3-4& Step L side , Rock R Behind , recover on L
5-6& Step R Diagonally Forward ,lock L behind , Step R diagonally Forward
7-8& Step L Diagonally Forward ,lock R behind , Step L diagonally Forward

Section 2 : Rocking Chair , Syncopated Jazzbox, touch

1-2 Rock R Forward,Recover On L
3-4 Rock R Back , Recover On L
5-6& Cross R over L ,Step L back, Step R Side
7-8 Step L forward, touch R next to L

Section 3 step Side together, shuffle Forward , rock recover , chasse turn

1-2 Step R side , Close L Together
3&4 Step R Forward , Step L next to L, Step R Forward
5-6 Rock L forward ,recover on R
7&8 1/4 turn L step L side , close R Together , 1/4 turn L step L Forward

Section 4 : Pivot 1/4 , cross shuffle , Side Mambo , Knee Pop

1-2 Step R Forward, 1/4 turn L (weight on L)
3&4 Cross R over L, step L side , cross R
5&6 Rock L side , Recover On R , close L together
7-8 Rock R back (with L knee pop) , recover on L (with R knee pop)

Ending on wall 8, 3 count :

1-2& 3 step R Side , Rock L Behind , Recover on R , 1/4 turn L step L forward