N.A.M

拍數: 32 **牆數:** 4 **級數:** Easy Intermediate

編舞者: Danielle Bradley (USA) - January 2024

音樂: Neon Light - Blake Shelton

或: Honey Bee - Blake Shelton

Another alternate song that works great with a faster tempo is Honey Bee by Blake Shelton (starting on lyrics).

***1 modified restart**

The dance starts with the lyrics around 64 counts of intro.

[1-8] CROSS HEEL GRIND ¼ TURN, R COASTER, L TRIPLE LOCK STEP, R ½ PIVOT

1,2	Cross RF over LF (1), RF heel grind ¼ turn R as LF steps back to 3:00 (2)
3&4	R Coaster Step; step RF back (3), step LF next to RF (&), step RF forward (4)
5&6	Triple lock step with LF leading (LF(5), RF locked behind LF (&), LF(6))
7,8	Step RF forward (7), pivot ½ turn shifting weight onto your LF facing 9:00 (8)

[9-16] CROSS SHUFFLE, ROCK LEFT, BEHIND SIDE CROSS, PRESS RF TO R, ½ MONTEREY TURN

1&2	Cross RF over LF (1), step LF to LS (&), cross RF over LF (2)
3,4	Step LF to left side with weight distribution in a rock (3), replace weight onto RF (4)
5&6	Step LF behind RF (5), step RF to R (&), cross step LF over RF (6)
7,8	Press RF to R (7), Pull RF behind in a half circle while turning ½ turn, slight press finishing in RF however majority of weight in LF (8)

[17-24] SAILOR STEP, SAILOR STEP, RF FORWARD, LF FORWARD, RF to RS, ¼ TURN WITH HITCH TO R

1&2	Step RF behind LF (1), Step LF to LS (&), Step RF to RS (2)
3&4	Step LF behind RF (3), Step RF to RS (&), Step LF to LS (4)
5&6&	
7&8	Heel RF forward (5), replace RF center (&), heel LF forward (6), replace LF center (&)

Point RF to RS (7), pull RF up, hitching knee with a ¼ turn to the right, weight on LF (8)

[25-32] STEP RF, STEP LF, STEP RF, LP LEADING TRIPLE, TRIPLE CHUG ½ R, CHUG ½ R, RF FLICK, RF PRESS

&1,2	Step RF down (&), Step LF forward (1) and step RF forward (2)
3&4	Triple step with LF leading (LF(3), RF(&), LF(4))
5,6	¼ Chug R by pressing RF to RS with a ¼ right (5), repeat ¼ Chug R (6)
7&8	Repeat ¼ Chug R (7), Flick RF up (&), slight press into RF center, weight in LF (8)

Continue to repeat sequence. On 3rd wall, complete the first 16 counts but ending with a ¾ Monterey turn instead of a half to face your 12:00 wall again and restart there.

Have fun! There are so many ways you can customize this and added flare and sass☐
If you have a class that prefers faster tempo, Honey Bee is going to be better suited, whereas preference for slower would be Neon Light.

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