A Basket of Sweetness



拍數: 32 編數: Intermediate

編舞者: Pamela Lashley (BRB) - March 2024

音樂: Market - Nadia Batson



Shuffle, Forward, Coaster Step, Heel Dig, Toe Tap

1&2,3,4 - Step fwd on Rt, close Lf next to Rt, Step fwd on Rt, Rock fwd on Lt recover on Rt,

5&6,7,8 - Back on Lt, close Rt next to Lt, Fwd on Lt, Rt fwd Heel dig, then toe tap

Weave, Side Mambos,

9,10,11,12 – Rt to side, Lt behind Rt, Rt to side, cross Lt over Rt
13&14&15&16 Rt to side, recover on Lt, close Rt next to Lt, Lt to side, recover on Rt, close Lt next to Rt

Cross Points, Toes Raise

17,18,19,20 - Cross Rt over Lt, Point Lt to side, Cross Lt across Rt, Point Rt to side

21,22,23,24- Cross Rt over Lt, Step Lt to Side, Close Rt next to Lt, Raise Toes up and down

Rock, Recover, Unwind, 1/4 Turn, Trunk Rotations

25,26,27,28 - Rock Fwd on Rt, recover on Lt, Stick Rt behind Lt, Unwind ½ turning right

29,30,21,32 - Step and turn 1/4 to right with Lt, 3 trunk rotations

Tags: Repeat Steps 17 – 32.....

Once at the end of Wall 1,

Twice at the end of wall 3.

Twice at the end of Wall 5, Four at the end of wall 6

Note: To finish the dance at the front, during the last 8 steps on the last tag after wall 6, Rock fwd recover, stick and unwind for ½, step fwd on Lt, 3 trunk rotations, Step fwd on Rt to finish the dance