

Great Balls Rock & Roll

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Improver
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音樂: Great Balls of Fire - Jerry Lee Lewis



Tags : (16C) after W2 & after W6

Intro : 32 Counts

THE WAVE, SHAKE YOUR BODY

1-2-3-4-5-6-7&8 Move your right hand like waving than Put your hand down and Shake your body

1-2-3-4-5-6-7&8 Move your left hand like waving than Put your hand down and Shake your body

1-2-3&4 Raise your right hand up and wave it down.

4-6-7&8 Raise your left hand up and wave it down.

1-2-3-4-5-6-7&8 Shake your body

Section 1 TOE STRUT, CROSS ROCKING, TURN R 1/4

1-2-3-4 Touch R toe diagonal forward L, Step R heel down, Touch L toe forward, Steps L heel down

5-6-7-8 Rock cross RF over LF, recovery on LF, Step RF turn R 1/4 , Step LF beside RF

Section 2 LADY HOP WITH KICK (Kick, Cross Back) TURN R 1/4

1-2-3-4 Kick RF forward diagonal R, Step RF beside LF, Kick LF forward diagonal L, Cross LF behind RF

5-6-7-8 Step RF in place, Kick LF forward diagonal L, Step LF Turn R 1/4, Step RF beside LF

Section 3 TWIST FLICK

1-2-3-4 Swivel R heel-toe-heel , Flick LF behind RF

5-6-7-8 Swivel L heel-toe-heel , Flick RF behind LF.

Section 4 VINE, ROLLING VINE WITH BRUSH (Optional VINE WITH BRUSH)

1-2-3-4 Step RF to R, Cross LF behind RF, Step RF to R, Touch LF beside RF

5-6-7-8 1/4 turn L Step LF forward, 1/2 turn L, Step RF back, 1/4 turn L Step LF to L, Kick RF diagonal forward L Sweeping floor with ball.

OPTIONAL : VINE WITH BRUSH

5-6-7-8 Step LF to L, Cross RF behind LF, Step LF to L, Kick RF diagonal forward L Sweeping floor with ball.

Tags (16C) after W2 & W6

OUT OUT, SLAPS 2X, IN IN, CLAPS 2X

1-2-3-4 Step RF to R diagonal forward , Step LF to L diagonal forward , Both hands slap thighs twice

5-6-7-8 Step RF back to center , Step LF beside RF, clap hands twice.

TURN R FULL (4/4), TWIST

1-2-3-4 Turn R full (4/4)

5-6-7-8 Swivel heel and toe to L

ENDING: At the end of Wall 7, + turn R 1/2 to finish facing forward [06:00]

Happy Dancing for Healthy

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