

Avec Mon Cardigan

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Improver/Intermediate (Phrased)
編舞者: Maryse Fourmage (FR) & Angéline Fourmage (FR) - March 2024
音樂: Avec mon cardigan - Matistor



Sequence : A-A-B-A-A-B-Tag-A-A(16 with modification)-B-B-1/2 L
- Intro 16 count

Part A: 32 count

[1-8] Brush, Rock-Step, Together, Camel Walk, Make ½ L

- 1 Brush RF Forward
- 2 RF Back
- 3 Recover to LF
- 4 RF next to LF
- 5 LF Forward (Pop R knee)
- 6 RF Forward (Pop L knee)
- 7 LF Forward
- & Recover to RF
- 8 Make ½ L with LF Forward

[9-16] Wizard Step, Point, Together, Point, Together, Point, Step Forward, Flick

- 1 RF forward on diagonal R
- 2 LF behind RF
- & RF forward on diagonal R
- 3 LF forward on diagonal L
- 4 RF behind LF
- & LF forward on diagonal L
- 5 Point RF to the R side
- & RF next to LF
- 6 Point LF to the L side
- & LF next to RF
- 7 Point RF to the R side
- 8 RF forward with L Flick Back*

(* For the start Part B: Make R Flick)

[17-24] Rock-Step, Back, Back, Coester-Step, Walk ¼ R

- 1 LF Forward
- 2 Recover to RF
- 3 LF Back
- 4 RF Back
- 5 LF Back
- & RF next to LF
- 6 LF Forward
- 7 RF Forward 1/8 R
- 8 LF Forward 1/8 R

[25-32] Walk ¼ R, Rock-Step, Toe-Strut, ToeStrut

- 1 RF Forward with 1/8 R
- 2 LF Forward with 1/8 R
- 3 RF back
- 4 Recover to LF

- 5 R toe Forward
- 6 Drop your R heel down
- 7 L toe Forward
- 8 Drop your L heel down

Part B : 32 count

[1-8] Cross, Back, Back, Cross, Back, Back, Back, Kick, Ball point

- 1 Cross RF over LF
- 2 LF back
- 3 RF back
- 4 Cross LF over RF
- 5 RF back
- 6 LF back
- 7 Kick RF forward
- & RF next to LF
- 8 Point LF to the L side

[9-16] Little triple step forward, Little triple step forward, Step touch, Step touch

- 1 LF forward
- & RF next to LF
- 2 LF forward
- 3 RF forward
- & LF behind RF
- 4 RF forward
- 5 LF forward
- 6 Touch RF next to LF
- 7 RF back
- 8 Touch LF next to RF

[17-24] Slow twist turn ½ R, Side, Point, Side, Point

- 1 Cross LF over RF
- 2 Turn ¼ R
- 3 1/8 R
- 4 1/8 R (Finish weight on LF)
- 5 RF to the R side
- 6 Point LF on L diagonal forward
- 7 LF to the L side
- 8 Point RF on R diagonal forward

[25-32] Chassé, Rock step, Chassé, Rock step

- 1 RF to the R side
- & LF next to RF
- 2 RF to the R side
- 3 LF back
- 4 Recover to LF
- 5 LF to the L side
- & RF next to LF
- 6 LF to the L side
- 7 RF back
- 8 Recover to LF

Final Dance :

Cross RF over LF and make ½ L

Tag : 16 counts

[1-8] Skate, Skate, Triple-Step, Rock-Step, Triple Step ½ L

- 1 R Skate Forward
- 2 L Skate Forward
- 3 RF Forward
- & LF next to RF
- 4 RF Forward
- 5 LF Forward
- 6 Recover to RF
- 7 Make ¼ L with LF to the L side
- & RF next to LF
- 8 Make ¼ L with LF forward

[9-16] Skate, Skate, Triple-Step, Rock-Step, Triple Step ½ L

- 1 R Skate Forward
- 2 L Skate Forward
- 3 RF Forward
- & LF next to RF
- 4 RF Forward
- 5 LF Forward
- 6 Recover to RF
- 7 Make ¼ L with LF to the L side
- & RF next to LF
- 8 Make ¼ L with LF forward

Smile et enjoy the dance

Contact: maellynedance@gmail.com
