Change On The Rise

拍數: 64

級數: Phrased Easy Intermediate

編舞者: Daniela Waser (CH) - March 2024 音樂: Change On The Rise - Avi Kaplan

Sequence:

A1 A1 B1 / A1 A1 B1 / C1 C1 Tag 1 / A2 A2 B2 / C2 / Tag 2 / A 2 A2 / C2 C2 C2 C2 / Final A1, A2 (16), B1, B2 (16), C1, C2 (16), Tag 1 (8), Tag 2 (16) No Restart

Intro: 16 Counts

| A1 Sec. 1: 1-4 5-8 | RF Side Rock to R-Side, RF cross over LF, LF Side Rock to L-Side, LF cross over RF RF Side Rock to R-Side, RF cross over LF, LF Step fw, $\frac{1}{2}$ Pivot to R-Shoulder, LF Step fw |
|--|---|
| Sec. 2: 1-4 5-8 | RF $\frac{1}{2}$ to L, LF $\frac{1}{2}$ to L, (2x) RF Rockstep fw. RF Step bw, LF Coaster Step |
| B1 Sec. 1: 1-4 5-8 | Wave to R-Side, RF Side Rock to R-Side, RF cross over LF Wave to L-Side, LF Side Rock to L-Side, LF cross over RF |
| Sec.2: 1-4 5-8 | RF ¼ to L-Side, LF ¼ to L-Side, RF Cross Rock over LF, RF Step to R-Side LF Cross Rock over RF, LF Step to L-Side, RF Step fw, ½ Pivot to L-Side |
| C1 Sec. 1: 1-4 5-8 | RF Hitch fw, RF Step bw, LF Coaster Step RF Slap to R-Side, RF Cross Rock over LF, RF ¼ Heelturn to R-Side, RF Backrock |
| Sec. 2: 1-4 5-8 | RF Step to R, LF cross behind RF, RF Step to R, LF cross over RF, RF Step to R, LF cross over RF, RF Step to R, LF Touch next to RF Vine ¼ Turn to L-Side, RF Step fw, ½ Pivot to L-Side |
| Tag 1: RF Heel-Step, LF Scuff and Step, 4x Tag 2: RF starts to R-Side, walk the Infinity Symbol (2x = 16 Counts) Final: RF Side Rock to R-Side, RF cross over LF, LF Side Rock to L-Side, LF cross over RF, RF Side Rock to R-Side, RF cross over LF, Full Turn L | |
| A2 same as A1, except: - Additional Scuff (soft) step on count 3, 7 per section | |

B2 same as B1, except:

- Additional Scuff (soft) step on count 3, 7 per section
- Last turn: make a 1½ Turn instead of ½ Turn.

C2 same as C1, except:

- Additional Stomp-up on count 1 just before Hitch

- Last turn: make a 1½ Turn instead of ½ Turn.





牆數:2

RF: Right Foot; LF: Left Foot; fw: forward; bw: backward

Contact information: In case of questions, please do not hesitate to contact me by email : info@dancing-heaven.ch www.dancing-heaven.ch