You're Golden

拍數: 32

級數: Intermediate

編舞者: Cathy Breed (AUS) - February 2024

音樂: Golden - Lady A : (iTunes)

| Intro: 32 Counts, Start on "the Sunset" | |
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| Cross-Side-Back, Fwd-½-Back, Fwd-Full Turn-Sweep, Cross-Side-Rock-Cross-Side | |
| 1&2 | Step R across left, Step L to left, Step R back |
| 3&4 | Step forward onto L, Turn ½ left step R back, Step L back (6.00) |
| 5&6& | Step R forward, Turn ½ right step L back, Turn ½ forward step R forward, Sweep L |
| 7&8 | Step L across right, Step R to right, Rock L to left ** Wall 3 Restart after Count 8 |
| &1 | Step R across left, Step L to left dragging right towards left |
| Back-Rock-Side | e, Behind-¼-Fwd, Back, Back-Lock-Back-½-Fwd |
| 2&3 | Step R back, Rock/Recover fwd onto L, Step R to right dragging left |
| 4&5 | Step L behind right, Turn ¼ right step R forward, Step L forward (9.00) |
| 6 | Step R back dragging L towards right |
| 7&8& | Step L back, Lock R across left, Step L back, Turn ½ right step R forward (3.00) |
| 1 | Step L forward |
| Back-¼-Cross, Back-Together-Fwd, Pivot, ¼ Sway-Sway-Side | |
| 2&3 | Rock/Recover back on R, Turn ¼ left step L to left, Step R across left (12.00) |
| 4&5 | Rock/Recover back onto L, Step R beside left, Step L forward |
| 6 | Turn ½ right transferring weight to R (Pivot) (6.00) |
| 7& | Turn ¼ right step L to left swaying hips to left, Sway hips to right (9.00) |
| 8 | Take a large step left step L to left dragging R towards left ** Wall 6 Restart after Count 24 |
| Behind-¼-Full Turn, , Step, Paddle-Cross, ¼-¼-Cross, Rock-Side | |
| 1&2& | Step R behind left, Turn ¼ left step L fwd, Turn ½ left step R back, Turn ½ left step L fwd (6.00) |
| 34 | Step R forward, Turn 1/4 left transferring weight to L (3.00) |
| 5&6 | Cross R over left, Turn ¼ right step L back, Turn ¼ right step R to right (9.00) |
| 7 8& | Step L across right, Rock/Recover back onto R, Step L to left |
| Restarts: | |

Wall 3 (6.00) dance to Count 8 then drag right towards left to restart at 12 o'clock. Wall 6 (6.00) dance to Count 24 and restart at 3 o'clock.

Ending:

Wall 7 dance to Count 31 and finish at the front wall. Please note that during Wall 7 the music slows slightly at Count 16 for 3 counts – just dance through it in time with the music.

Thank you & enjoy!

Free to be copied provided no changes are made to the original choreography. Cathy Breed 0414 951 207 c.breed@bigpond.com





牆數:4