I've Run Out



拍數: 32 牆數: 4 級數: Improver

編舞者: Eddie Morrison (SCO) - April 2024 音樂: Runnin' Outta Love - Tim McGraw



Intro:- 32 Count (Start on vocals.)

Section 1 Chasse Right Rock Back Recover, Chasse Left Rock Back Recover.

Step right to the side, step left beside right, step right to the side.

3-4 Rock back on left, recover on right.

5&6 Step left to the side, step right beside left, step left to the side.
7-8 Rock back on right, recover on left. Restart Wall 2 (9.00)

Section 2 Right Dorothy Step, Left Dorothy Step, Right Rocking Chair. (Optional 2X 1/2 turns left)

1,2& Step right to the right diagonal, lock left behind right, step right in place.
3,4& Step left to the left diagonal, lock right behind left, step left in place.

Rock forward on right, recover on left.Rock back on right, recover on left.

Section 3 ¼ Turn Left, Chasse Right Rock Back Recover, Chasse left Rock Back Recover.

1&2 Make a ¼ turn to the left, step right to the side, step left beside right, step right to the side.

3-4 Rock back on left, recover on right.

Step left to the side, step right beside left, step left to the side.

7-8 Rock back on right, recover on left.

Section 4 Right Kick Ball Change X2, Jazz Box Cross.

1&2 Kick right foot forward, step down on right, step down on left.3&4 Kick right foot forward, step down on right, step down on left.

5-6 Cross right over left, step back on left.7-8 Step right to the side, cross left over right.

Restart Wall 2 after Section 1 facing (9.00)

Ending: Dance to the end, then step 1/4 turn right to face the front, touch left beside right.