If It Don't Come Easy

級數: Easy Improver

編舞者: Sandy Carty Hodges (USA) - March 2024

音樂: If It Don't Come Easy - Tanya Tucker

INTRO: 16 CTS - 1 TAGS /NO RESTARTS

拍數: 32

SECTION ONE: STEP, TOUCH, STEP, STEP, STEP, TOUCH, STEP, TOUCH.

- Step forward on right foot, tap left toe behind right foot, step back on left foot, 1/2 turn right 1-4 stepping on right foot,
- 5-8 Step forward on left foot, tap right toe behind left foot, step back on foot, touch left toe next to right foot.

SECTION TWO: LOCK STEP LEFT, SCUFF, 1/2 TURN LEFT, 1/4 TURN LEFT.

- Step forward on left foot, step on right ball of foot behind left ankle, step forward on left foot 1-4 and scuff right foot forward.
- 5-8 Step on right foot and pivot 1/2 turn left, step on left foot, step on right foot and pivot 1/4 turn left, step on left foot,

SECTION THREE: CROSS, SIDE, BEHIND, SWEEP, BEHIND, SIDE, CROSS, SWEEP

- Cross right over left, step left beside right, step right behind left, sweep left foot behind right 1-4 foot,
- 5-8 step left behind right, step right beside left, cross left over right, sweep right forward.

SECTION FOUR: RIGHT ROCKING CHAIR, STEP FORWARD ON RIGHT, 1/2 LEFT, STEP LEFT, STEP **RIGHT, STEP LEFT.**

- 1-4 Rock forward on right, step back on left, rock back on right, step forward on left.
- 5-8 Step forward on right, half turn left stepping on left, step forward on right, step forward on left.

TAG: At the end of the 4th wall, facing 12:00, V-Step, jump forward for & 1,2-clap, jump back for & 3,4,clap, Sway hips RLRL for 5,6,7,8. ...start dance.

E.O.D. START DANCE AGAIN AND HAVE A GREAT TIME.

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牆數:4