

Juicy-Juice

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver / Intermediate
編舞者: Monique Costa (USA) - April 2024
音樂: Juice - Lizzo



Scissor Step R, Cross Shuffle, Lean L, Behind Side Cross (12:00)

1-2 Right Foot Scissor step to the R
3&4. Cross Over L Foot and Shuffle
5-6 Lean L Foot to L travel R,
7&8 L Foot cross behind R, Step side with R, Cross L over R

Lean R, Dig Step Quarter turn R to (9:00), Lock Step Forward Left, Rock Forward, Lift L Leg half turn to (12:00) L Foot Step,

1-2 Lean to the Right with R Foot
3&4 Take Right toe Behind L Foot unwind and turn $\frac{3}{4}$ to face 9:00
5&6 Step L Foot Forward, Cross R Foot Behind L then step L forward
7-8 Rock F with R Foot then lift L Leg behind R knee then square body to 12:00 and Step with L Foot

Lyndi R, Vadville L, Step R L ,

1-2 Side shuffle R with R Foot,
3&4 Cross Left Behind Right foot and Rock
5-6 Step L with Left foot, Cross behind with R Foot,
7&8 Kick out Right Heel and Step left at the same time, Step R Foot then L Foot

Walk Walk Triple Step, Rock F $\frac{1}{2}$ turn, Triple step (9:00)

1-2. Walk R Foot then L Foot
3&4. Step with R Foot Bring L Foot behind and then Step R Foot
5-6 Rock forward on L Foot $\frac{1}{2}$ turn to face 9:00
7&8. Step L foot Bring R foot behind and then Step L foot Forward ending weight on Left Foot
