If One Day (若是有一天)

拍數: 32   **牆數:** 4   **級數:** Low Intermediate

編舞者: Lily Liu (MY) - April 2024

音樂: If One Day (若是有一天) - Guo Guo Qing (郭國卿)

Intro: Start dancing on vocal

Sec 1 STEP, PIVOT 1/2 TURN LEFT, STEP, WEAVE, TOUCH

1	Step L fwd
2 & 3	Step R fwd. 1/2 turn left stepping L fwd. Step R fwd (6:00)
4 & 5	Cross L over R. Step R to right. Step L back sweeping R from front to back
6 & 7	Cross R behind L. Step L to left. Cross R over L
8	Touch L to left ***Restart from here

Sec 2 1/4 TURN LEFT, SAILOR 1/2 TURN RIGHT, SHUFFLE FWD, ROCK, RECOVER

1 2	1/4 turn left stepping L fwd (3:00). 1/2 turn right sweeping R from front to back (9:00)
3 & 4	Cross R behind L. Step L beside R. Step R to right.
5 & 6	Shuffle fwd on L, R, L
7 8	Rock R fwd. Recover on L

Sec 3 WALK BACK WITH SWEEP (R & L), COASTER STEP, SCISSORS CROSS

1 2	Walk back on R. L with sweep
3 & 4	Step R back. Step L beside R. Step R fwd
5 & 6	Step L to left. Step R beside L. Cross L over R
7 & 8	Step R to right. Step L beside R. Cross R over L

Sec 4 (CROSS ROCK, RECOVER, TOGETHER) L & R, UNWIND 1/2 TURN RIGHT, SWAY, SWAY

1 2&	Cross L over R. Recover on R. Step L beside R
3 4&	Cross R over L. Recover on L. Step R beside L
5 6	Cross touch L across R. 1/2 turn right weight onto R (3:00)
7 8	Sway to L, R

***Restart on wall 8, after 8 count facing 3:00