No Shoes, No Shirt, No Problems



拍數: 32 牆數: 4 級數: High Beginner 編舞者: Dolly Kingsley (USA) & Kristin Kingsley (USA) - April 2024

音樂: No Shoes, No Shirt, No Problems - Kenny Chesney



*Restart #1: During the 4th sequence after 16 counts (facing 9:00), restart the dance.

Introduction: 32 counts

SECTION 1: DIAGONAL LOCK STEP R & L, STEP R, STEP L

1-3 Step R forward diagonally right [1], Step L behind R [2], Step R forward diagonally right [3] 4-6 Step L forward diagonally left [4], Step R behind L [5], Step L forward diagonally left [6]

7-8 Step R out [7], Step L out even with right foot [8] (12:00)

SECTION 2: HEEL STEP TRAVELING BACKWARDS 4X - R, L, R, L

Touch R heel forward [1], Step R back [2]
Touch L heel forward [3], Step L back [4]
Touch R heel forward [5], Step R back [6]
Touch L heel forward [7], Step L back [8] (12:00)

*RESTARTS happen here on during 4th sequence (9:00) and 8th sequence (6:00)

SECTION 3: R SIDE STEP TOGETHER STEP TOUCH, 1/4 TURN LEFT LOCK STEP, BRUSH

1-4 Step R side [1] - Step L next to R [2] - Step R side [3] - Touch L next to R [4]

5-8 Turn 1/4 left (9:00) Step L forward [5], Step R behind L [6], Step L forward [7], Brush R fwd

[8]

SECTION 4: STEP BRUSH 4X TURNING 1/2 LEFT

1-2	Step R [1], Brush L fwd [2] turning 1/8 left (7:30)
3-4	Step L [3], Brush R fwd [4] turning 1/8 left (6:00)
5-6	Step R [5], Brush L fwd [6] turning 1/8 left (4:30)
7-8	Step L [7], Brush R fwd [8] turning 1/8 left (3:00)

**TAG: After Sequence 6 facing 3:00 = Right K Step

1-2	Step R diagonally right fwd [1], Touch L next to R [2]
3-4	Step L diagonally left back [3], Touch R next to L [4]
5-6	Step R diagonally right back [5], Touch L next to R [6]
7-8	Step L diagonally left fwd [7], Touch R next to L [8]

Optional Ending - At the end of the 12th sequence, you will be facing 6:00. Step brush four additional times and keep turning 1/2 left until you are back to 12:00.

ENJOY!

^{**}Tag: After the 6th sequence (facing 3:00), Right K Step

^{*}Restart #2: During the 8th sequence after 16 counts (facing 6:00), restart the dance.